



Wallingford
Adult & Continuing Education

Spring 2012

DEAR FRIENDS...



Welcome to Wallingford Public Schools and the Adult Education program's spring offering of classes and activities. As the new Director, I am pleased to offer our residents a wide variety of classes ranging from drawing, pistol marksmanship, film script writing to money management as well as opportunities to update your skills through our business and medical career training. Through our dedicated teachers, we offer preparations for individuals seeking English as a Second Language, citizenship and a high school diploma. Browse through the brochure, call a friend and register for a course. Experience the power of lifelong learning. To learn more about the Wallingford Adult Education offerings, please visit <http://wallingfordadulthood.org>.

Paul F. Flinter, Director
Wallingford Adult Education

Wallingford Adult Education Staff...

Paul F. Flinter, Ph.D., *Director*
Carol Harkawik, *Guidance*
Diana Yates-Toman, *Guidance*
Barbara Comstock, *Secretary*
Barbara Kish, *Secretary*

Wallingford Board of Education...

Michael Brooder
Kathy Castelli
Jay Cei, Jr.
Christine Mansfield
Joseph Marrone
Chet Miller
Roxane McKay
Patrick Reynolds
Michael Votto

Adult Education Advisory Board...

Pamela Andersen
Lorraine Anderson
Cheryl Bedore
Tami Christopher
Roberta Clouet
Paul F. Flinter
Rosalind Gallagher
John Gawlak
Carol Halstead
Maria Harlow
Eloise Hazelwood
Amy Humphries
Pamela Krombel
Gail McCormack
Richard Nunn
Myra Thistle
Diana Yates-Toman

Superintendent of Schools...

Salvatore F. Menzo, Ed.D.

TABLE OF CONTENTS

Registration.....	2
General Information	3
Guidance	3
Adult Basic Education (ABE)	4
ESL/U.S. Citizenship	4-5
Childcare	5

High School Diploma Programs:

Preparing the 21st Century Workforce	5
Wallingford High School Credit Diploma	6
National External Diploma Program (NEDP)	6
General Education Development (GED)	6

General Interest Courses:

Arts, Crafts & Hobbies	8
Boating	10
Career Corner	10
Business	10
Medical Programs	11
Microsoft Office	13
Computers.....	14
Cooking	15
Dance & Fitness	16
Dining	16
Language.....	17
Money Management	17
Self Improvement	20
Trips	21
Unique Offerings	22
Registration Form	24

Statement of Non-Discrimination:

The Wallingford Public School District is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, national origin, sex, disability, age, religion or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. Inquiries regarding the Wallingford Public School District nondiscrimination policies should be directed to J. Guarino, Director of Human Resources at 203-949-6508.

GENERAL ACCESSIBILITY AND ACCOMMODATION:

If you are a person with a disability who requires an accommodation in order to participate in any program or activity, please contact Diana Yates-Toman, Guidance Counselor at 203-294-3904

CALENDAR

Immediately...

Registration's begin for General Interest Courses

Tuesday, January 3

Learning Center opens.

Wallingford High School Credit Diploma registrations begin...by appointment only (203) 294-3900. ABE/GED/EDP classes resume.

Monday, January 9

ESL classes resume

Monday, January 16

CLOSED - M.L. King Day

Tuesday, January 24

Noon - Wallingford Adult Education Advisory Council meeting at Learning Center

Monday, February 6

General Interest Courses begin...sign up early

Thursday, February 16

No General Interest at Sheehan. No Evening ABE/GED classes at Learning Center.

Friday, February 17

CLOSED – Winter Break

Monday, February 20

CLOSED – President's Day

Tuesday, April 3

Noon – Wallingford Adult Education Advisory Council meeting at the Learning Center

Friday, April 6

CLOSED – Good Friday

Monday, April 16 – Friday, April 20

No Classes – Spring Break

Wednesday, May 9

International Dinner – 7:00 pm at the Learning Center

Monday, May 28

CLOSED – Memorial Day

Thursday, May 31

Graduation Banquet

Thursday, June 7

Wallingford High School Graduation – 6:30 pm at Mark T. Sheehan High School.

Contact Information

Adult Education Office at

Mark T. Sheehan High School

Telephone(203) 294-5932

Fax(203) 294-5981

Learning Center

Telephone(203) 294-3900

Fax(203) 294-3929

Wallingford Adult Education Website
www.wallingfordadulthood.org

Adult Education Director, Paul Flinter e-mail
pflinter@wallingford.k12.ct.us

Wallingford Public Schools Website
www.wallingford.k12.ct.us

WAYS TO REGISTER



1. In person

Register weekdays from 8:30 am to 3:00 pm at the Adult Education office located at

Sheehan High School (203) 294-5932

or

the Learning Center located at the Wallingford Railroad Station (203) 294-3900.

2. By mail

Please use a separate registration for each student, even if you are registering together with your spouse or friends.



- You may register for up to four courses per registration form. If you are signing up for more than four courses, attach a second form.
- Photocopying the registration from is okay.
- Payment can be made by check or money order. If paying by check, a separate check for each class is required. Make check payable to Wallingford Adult Education.

REGISTER EARLY!

Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations the week before the class begins, the course may be canceled. Calling on the day of the course will not resurrect it, **so please register early!**

**WALLINGFORD
PUBLIC SCHOOL
BUILDINGS AND
GROUNDS ARE
SMOKE FREE.**

PLEASE NOTE

Course Confirmation

A course confirmation sheet will be mailed to you. This lists the room numbers of your classes and any materials you should bring with you to class.

Cut-off Dates for Course Registrations are...

One week prior to the date the class is scheduled to begin. OR two weeks prior to the start date if the course requires you to purchase a textbook.

Consumable Supply Fees

Please DO NOT include the consumable supply fee with your registration payment. These fees are collected on the first night of class, and must be paid by cash or check, made payable to Wallingford Adult Education.

Who Can Register?

Anyone age 17 or over. All registrations are processed in the order in which they are received. Registrations from Wallingford residents are processed before registration for non-residents opens.

Registering for Courses with Different Start Dates

If you want to register for more than one course, you may send all registrations and payments in together. However, we must receive them by the cut off date of the course with the earliest start date.

Many Courses Fill Quickly

We strongly recommend that you register for any course(s) as soon as you've selected them, regardless of whether the course starts at a later point in the semester. If you wait until the cut off date the class may have already reached maximum enrollment.

Information

Please do not hesitate to call or stop by our offices if you have any questions concerning registration or a particular course. Our staff will be happy to help you.

GENERAL INFORMATION

Refund Policy

No refunds are given unless a course is filled or canceled. A course may be canceled for insufficient enrollment, postpone or have a change in instructors. If insufficient enrollment causes a class to be canceled, full tuition is refunded or a credit is given for future use. Materials and supplies purchased by you are excluded from refunds and credits. A request for refund must be made 1 week before that course begins. Please allow 6 to 8 weeks for the refund process.

Low Enrollment/Course Cancellations

A course with insufficient enrollment will be canceled one week before the starting date. Registered students will be notified by telephone if a course must be canceled. To help avoid cancellations, the number of class sessions and/or course pricing may be adjusted when enrollment is low.

Bad Weather/Class Cancellations

If Wallingford Public Schools close due to weather or school schedules Adult Education classes are also closed. Cancellation announcements for evening classes will be made at approximately 4:00 p.m. on the following radio and television stations:

- WTNH-TV
- WTIC-TV
- WFSB-TV
- WPLR 99.1 FM
- WYBC 94.3 FM
- Wallingford Public Schools TV: Ch.19
- Or call 203-294-5932

Make-Up Dates

Canceled classes will be made up at the end of the scheduled run of the class. Check with your instructor about make-up dates.

Smoking/Refreshments

A non-smoking policy is in effect at all class sites indoors and out. Refreshments are permitted in designated areas, not in classrooms, hallways or lavatories.

Parking

At Sheehan, please use the rear parking lot. The "circle" at Lyman Hall is a NO parking area. Illegally parked cars in designated emergency or handicapped zones may be ticketed by the Wallingford Police

Department. All of our programs are handicapped accessible. Check with either of our offices for more specific information.

ADULT EDUCATION PROGRAMS AND SERVICES

Scholarships

- Very limited funds are available.
- Any adult education graduate going on to higher education is eligible and may apply. Scholarship applications can be obtained from our guidance office at the train station.
- Any town resident who can demonstrate legitimate financial need may request a scholarship for one employment related course. Send your request in writing with your registration form to: Director, Wallingford Adult Education, 142 Hope Hill Road, Wallingford, CT 06492.

Guidance & Counseling

FREE to all Wallingford Adult Education students, and to anyone considering becoming a student. Talk with a counselor about your educational goals and the life issues that affect them.

Career Counseling

Explore your abilities, interest, values, and knowledge of various careers; learn resume writing and interviewing skills.

Personal and Social Counseling

Discuss your personal attitudes, feelings, and values confidentially. Students needing more extensive counseling are referred to appropriate service agencies.

Assessment and Placement

Counselors will administer and interpret tests of your abilities and interests, then place you in the right courses.

Educational Counseling

Learn about college programs, vocational and technical schools, apprenticeships and other learning/training options.

Our Guidance Staff

Can meet with you by appointment during both day and evening hours at the Learning Center: call (203) 294-3900 to schedule an appointment.

Adult Education Programs at No Cost

The Wallingford Board of Education provides the following programs at no cost to Wallingford residents:

- Adult Basic Education
- English as a Second Language
- Citizenship
- High School Diploma (Credit Diploma, NEDP or GED)

Information on all programs is provided on pages 4-6 of this catalog.
Call 203- 294-3900 for more information.

ADULT BASIC EDUCATION

ABE classes improve fundamental academic skills and/or can help prepare an adult to earn a high school diploma. You may join any of these classes anytime during the semester. Sharpen English expression, reading, spelling, writing, and math skills. You'll work with computers, audio-visual material and printed text. You will learn in one-to-one and small group environments. Each session runs for 16 weeks and meets at the Learning Center. You may choose between two different time schedules.

Monday – Thursday: 9:00 am – 11:30 am
OR

Tuesday & Thursday: 6:00 pm – 8:00 pm
Classes Begin: Tuesday, January 3

Instructors: Staff Teachers

ENGLISH AS A SECOND LANGUAGE (ESL)

If you are new to our country, or if you want to improve your English, we offer three levels of classes that stress the life skills necessary to function daily in the United States. English for adults who want to learn or improve their reading, writing and speaking skills. This course runs for 16 weeks and meets at the Learning Center. You may choose between two different time schedules:

Monday – Thursday: 9:15 am – 11:15 am
OR

Monday & Wednesday: 7:00 pm – 9:00 pm
Classes Begin: Monday, January 9

ESL AMERICAN LIVING

Do you want to learn about current events, finances (money), basic writing,

US history, computers, and how US government works? Come to an American Living class. You must be regularly attending Intermediate or Advanced ESL classes to attend this class. Students who have graduated from ESL classes are welcome to attend also. This course runs for 16 weeks and meets at the Learning Center.

Monday & Wednesday: 9:15 am – 11:15 am
Class Begins: Monday, January 9

ESL (READING, WRITING AND PRONUNCIATION) FOR EVERYDAY LIVING

Do you want to improve your pronunciation and speak English more clearly? Do you want to practice reading? Do you want to learn how to write letters, emails, notes to your child's school and fill out forms? Intermediate and above ESL learners are encouraged to join this lively course. This course runs for 16 weeks and meets at the Learning Center.

Friday: 9:00 am – 12:00 pm (Noon)
Class Begins: Friday, January 13

ENGLISH CONVERSATION CLASS

Would you like to practice your English? This class is perfect for mid to high level English speakers. Weekly topics will introduce new vocabulary and discuss topics such as doctor visits, current events, and more! Class size will be small so you will have extra time to talk.

Friday: 1:00 pm – 3:00 pm
Class Begins: Friday, January 13

CITIZENSHIP EXAM PREPARATION

Prepare for the US Citizenship exam. You will learn American history as well as learn the functions of our local, state, and federal government. We discuss typical exam questions, and you will receive help with the naturalization application. You may join the Citizenship Exam Preparation course at any-time during the semester. This course runs for 14 weeks and meets at the Learning Center.

Monday & Wednesday: 7:00 pm – 9:00 pm

Class Begins: Monday, January 9

Day Classes, by appointment.

CHILDCARE

During class sessions at the Learning Center students may bring their 3 – 9 year old children (must be toilet trained) to the child care room. There is no charge for this service. Children must be signed in for each session. While you are in class, your children can enjoy age-appropriate learning and play activities, healthy snacks, and individual attention with our trained childcare staff.

Space is limited. You must register your child. Based on first to register child.

PREPARING THE 21ST CENTURY WORKFORCE

Come and Better Your Skills -

In order to provide qualified workers to the increasingly high-tech companies, Wallingford Adult Education is ready to strengthen the existing basic skills programs by adding this needed workforce prep component.

For English Second Language and Adult Basic Education Students

Key Components:

1. Provide rigorous basic skills in Reading, Writing & Numeracy with an emphasis on employability skills.
2. Incorporate work ethics, teamwork and critical thinking in instruction.
3. Integrate current technology with instruction and provide computer laboratory experience.
4. Counselors will be available to guide students in career exploration and help students find opportunities in higher education and work.
5. Support services, such as childcare will be available.
6. Representatives of higher education program and Connecticut Works will assist students in transition to college and employment.

Instruction

Tuesday and Thursday 6:00 – 8:30 p.m.

Days by appointment.

Classes begin: Tuesday, January 3.

*Workforce Preparation is
provided by a Federal
Grant under the Workforce
Investment Act (WIA).*



HIGH SCHOOL DIPLOMA



3 WAYS TO EARN YOUR DIPLOMA

1. WALLINGFORD ADULT HIGH SCHOOL CREDIT DIPLOMA

To earn this “traditional” diploma, you must earn 20 credits, including those you may have earned at your former high school. Wallingford High School offers small classes and online courses. When all credits are completed, of which four must be in English, three in mathematics, two in science, and three in social studies (including U.S. history and civics), a diploma will be awarded. Wallingford High School is open to all people who are at least 17 years or older, do not hold a high school diploma, and are no longer officially enrolled in high school. For more information about this diploma option, please call the Adult Education Guidance Staff at the Learning Center, Monday through Friday at 203-294-3900.

2. NATIONAL EXTERNAL DIPLOMA PROGRAM (NEDP)

Earn a Wallingford High School diploma independently, through the successful completion of a series of assignments. You must demonstrate reading, writing, math and problem solving skills, as well as life-skill competencies needed to function as a literate thinking adult. You will meet with an advisor weekly to help you reach your goals. When all work is completed with 100% accuracy, your portfolio is reviewed by an assessor for verification. Depending on your skill level at enrollment, and how much review of basic skills is needed, it takes most students from three to six months to complete the program. EDP is recommended for those at least 21 years of age who have acquired some of the life skill experiences needed for successful completion of the program. For more information please contact the Learning Center, 203-294-3900.

3. GENERAL EDUCATIONAL DEVELOPMENT (GED)

Applications for the GED exam are available at the Learning Center, Monday through Thursday, 9:00 a.m. – 2:00 p.m. and Tuesday and Thursday 6:00 p.m. – 8:00 p.m. You must apply in person with a photo ID. There is a \$13.00 application fee for person 21 years and older (veterans are exempt). Before taking the exam, applicants are strongly encouraged to join our free preparation classes. Individuals with a disability who require an accommodation in order to take the GED exam please contact Diana Yates-Toman, Guidance Counselor at the Adult Education Learning Center at (203) 294-3904. All information you discuss with us is confidential.

Spanish GED Preparation Class

Prepare to take the GED test in Spanish. This course covers writing skills, social studies, mathematics, science, literature, and the arts

**YOU MAY JOIN THE
NEDP DIPLOMA PROGRAM OR
THE GED PREPARATION CLASSES
AT ANYTIME DURING
THE SEMESTER.**



CAREER CORNER

MICROSOFT OFFICE SPECIALIST (MOS)

A Globally recognized premier certification program for desktop applications. Word – Excel – Access – Publisher – PowerPoint. An excellent resume builder; improved job prospects; better opportunity for advancement; more efficient use of on the job work time; increase salary potential. Register for course separately, or register for ALL certificate courses at once for \$650 and save \$96. When you complete your courses you can register for the official exam for the price of \$80. per application.

Refer to page 13 for descriptions, time and dates for each Microsoft Office Specialist class.

MEDICAL CAREER PROGRAMS

Wallingford Adult Education offers the following medical programs.



- Adult/Child/Infant CPR
- Medical Billing and Coding
- Medical Terminology for the Beginner
- Computerized Medical Office
- Medical Assistant Training Program
- Certified Nurse Assistant
- Phlebotomy and EKG Training

Refer to page 11 - 12 for our popular courses in the medical field and how to register for these courses.

ARE YOU INTERESTED IN TEACHING?

If you have knowledge you would like to share, a hobby that you love and good communication skills, teaching a course could be in your future! For more information please call (203) 294-3900 or email bkish@wallingford.k12.ct.us



Enrichment and General Interest Information

ARTS, CRAFTS & HOBBIES

NEW! Drawing: Beginner & Intermediate

Students will explore the importance of line focusing on line, and weight with its directional and expressive qualities. Students will draw still life, scenery and portraits applying drawing procedures and techniques. A small supply list will be provided with your registration confirmation.

S. GhodsSheehan
Tuesday6:00 – 8:00 p.m.
5 weeksFebruary 28
Resident\$71
Non-resident.....\$76

Broomstick Lace Scarf

Use a vintage technique with today's yarn to create an elegant crocheted scarf. See photos on Facebook Country Yarns CT. (Must know simple crochet). Supplies to be purchased at Country Yarns.

L. ScarpaCountry Yarns
Tuesday7:00 – 9:00 p.m.
2 weeks.....January 31
Resident\$50
Non-Resident\$55

NEW! Crocheted Hairpin Lace

Learn to crochet a beautiful open lace. Make a shawl or shrug. Photos on Facebook Country Yarns CT. (Must know how to crochet). Supplies to be purchased at Country Yarns.

L. ScarpaCountry Yarns
Tuesday7:00 – 9:00 p.m.
3 weeks.....March 27
Resident\$60
Non-resident.....\$65

NEW! Crocheted Skull Cap

Learn to crochet this fun and fanciful cap. Can be made from cotton acrylic or wool. See photos on Facebook Country Yarns CT. (Must know simple crochet). Supplies to be purchased at Country Yarns.

L. ScarpaCountry Yarns

Tuesday7:00 – 9:00 p.m.
2 weeksFebruary 28
Resident\$50
Non-Resident\$55

NEW! Hand Felted Soap

Cover decorative soap with wool fibers to create beautiful soap with a built in exfoliating layer. Photos on Facebook Country Yarns CT. Bring a bar(s) of soap in interesting shapes. Wool fibers to be purchased at Country Yarns.

L. ScarpaCountry Yarns
Tuesday7:00 – 9:00 p.m.
1 week.....April 10
Resident\$35
Non-resident.....\$40

NEW! Fly Fishing

Beginner course for Fly Fishing. Students will learn to assemble and cast a balanced system. Tie a fly, select appropriate flies and tie necessary knots. Also learn safety on the water.

F. Monahan.....Sheehan
Tuesday7:00 – 9:00 p.m.
3 weeks.....March 13
Resident\$65
Non-resident.....\$70

Learn to Knit or Crochet

Learn the fundamentals of knitting or crochet and enjoy the creative process of working with wool. Supplies to be purchased at Country Yarns.

L. ScarpaCountry Yarns
Tuesday7:00 – 9:00 p.m.
3 weeksFebruary 14
Resident\$60
Non-resident.....\$65

NEW! Beaded Shawl

Make this wonderful shawl while learning to add beads to your work. Photos on Facebook Country Yarns CT. (Must be intermediate knitter). Supplies to be purchased at Country Yarns.

L. ScarpaCountry Yarns
Tuesday7:00 – 9:00 p.m.
3 weeksFebruary 7
Resident\$60
Non-resident.....\$65

Continental Knitting

Learn to knit using this efficient and fast method. Supplies to be purchased at Country Yarns

L. Scarpa	Country Yarns
Tuesday	7:00 – 9:00 p.m.
1 week	January 31
Resident	\$35
Non-resident.....	\$40

NEW! Easy Lace Triangle Shawl

Don't be afraid of knitting lace. Introduction to the basic skills of lace knitting. Made in 5 pieces and put together. See photos on Facebook Country Yarns CT. Supplies to be purchased at Country Yarns.

L. Scarpa	Country Yarns
Tuesday	7:00 – 9:00 p.m.
4 weeks.....	March 13
Resident	\$65
Non-resident.....	\$70

Knitting With Marilyn

Learn all the basic techniques for knitting, improve skills or learn new techniques. Find relaxation, self confidence, craftsmanship and sheer pleasure in knitting. Knit for yourself, family, gifts or charity. A small supply list will be provided with your registration confirmation.

M. Pettison	Sheehan
Monday	6:00 p.m. – 8:00 p.m.
6 weeks	March 5
Resident	\$45
Non-resident.....	\$50

Socks Knit the Easy Way

Learn to knit socks using magic loop method. If you can knit, purl and cast on you can knit socks. Supplies to be purchased at Country Yarns.

L. Scarpa	Country Yarns
Tuesday	7:00 pm – 9:00 pm
4 weeks.....	February 28
Resident	\$65
Non-resident	\$70

Model Railroading Introduction

Students will be presented with the basics of starting the hobby of Model

Railroading. Taught by New Haven Society of Model Engineers.

NHSME Members	Sheehan
Thursday	7:00 – 9:00 p.m.
6 weeks	February 23
Resident	\$40
Non-resident.....	\$45

Watercolor Painting

For beginners and continuing students. Step-by-Step instruction technique, brush strokes, how to prepare paper, mixing colors and design. Individual help is given. A small supply list will be provided with your registration confirmation.

S. Ghods	Sheehan
Thursday	6:00 – 8:00 p.m.
5 weeks.....	March 1
Resident.....	\$71
Non-resident	\$76

Digital Photography

For beginner and intermediate photographers with any camera and photo editing program. Learn skills to make fine photographs regardless of the type of equipment. Take good photographs for the pure enjoyment of capturing the perfect image.

R Godbey	Sheehan
Wednesday	6:00 p.m. – 8:00 p.m.
6 weeks	February 15
Resident	\$72
Non-resident.....	\$77

NEW! Polymer Clay Jewelry

Beginner course on Polymer Clay – Milliefiori techniques in jewelry making. Create designs making beads and charms for a finished product in each class. Consumable supply fee \$10.

L. Zlotowski	Sheehan
Tuesday	7:00 pm – 8:30 pm
3 weeks	March 6
Resident	\$35
Non-resident	\$40

Pysanka - Ukrainian Easter Egg Decorating

Experience the history and folklore of the beautiful Ukrainian art known as "Pysanka Decorating". Using traditional equipment and techniques and

designs, you will create 3 to 4 pysanky in time for Easter giving or for treasured keepsakes. No previous experience needed. A small supply list will be provided with your registration confirmation. Consumable supply fee \$12

G. HorbatySheehan
 Monday6:30 – 9:00 p.m.
 3 weeksMarch 5
 Resident fee\$55
 Non-resident.....\$60

NEW! Learn to Professionally Tie Dye

All levels welcome. Learn over 5 different designs and apply one on tee shirt provided. Wear clothes that you don't mind becoming stained. When registering, state t-shirt size. Consumable supply fee \$10.

L. ZlotowskiSheehan
 Wednesday6:30 – 8:00 p.m.
 1 weekMay 2
 Resident\$15
 Non-resident.....\$20

BOATING

Beginning Kayak

Discover kayaking the fun and safe way. Starts with a classroom session about the boats, equipment and proper clothing. Then, on the water with an expert instructor learning ways to turn, go forward and backward and sideways as well as safety issues. The rental equipment is included in the cost of the course. Paddling on the flat-water section of the Farmington River in Collinsville.



StaffCollinsville Canoe & Kayak
 Saturday10:00 a.m. – 1:00 p.m.
 1 dayMay 5
 Resident\$65
 Non-resident.....\$70

CT Safe Boating and Personal Watercraft

Single session, 8-hour course, taught by Professional Marine Education. Provides a certification of completion as partial fulfillment of the require-

ments to obtain the Certification of Personal Watercraft Operation, which allows the operation of motorized recreational vessels up to 65' and sailboats 19 ½' in length and longer. The student can mail or deliver the certification of completion combined with an application (provided) and appropriate fee to any Department of Energy and Environmental Program office to obtain the Certificate of Personal Watercraft Operation. It is a one-time, lifetime certification. Students should bring a pen or pencil to class.

Professional Marine EducationLearning Center
 (Wallingford Train Station)
 1 day8:30 a.m. – 4:30 p.m.
 SaturdayMarch 24
 OR
 SaturdayApril 21
 Each Session Resident\$65
 Each Session Non-resident\$70

CAREER CORNER

BUSINESS CAREERS

How to Start a Small Business in Connecticut

Classes will guide an individual interested in starting and running a small business through the details involved in business ownership. Gain the knowledge to successfully start and operate a profitable small business. The focus will be on the planning and decision making that goes into starting a business: entity selection, formation, and taxes; the types of capital available : record-keeping and software; additional sources of information available to small business owners. Taught by Community Accounting Aids and Services (CAAS) a non-profit organization. Book fee of \$30 is payable to instructor at the first class.

CAAS Instructor.....Sheehan
 Tuesday7:00 - 9:00 p.m.
 4 weeksFebruary 7
 Resident\$40
 Non-resident\$45

MEDICAL CAREER PROGRAMS

All Medical Career Programs register with payment by mail to Medical Programs, C. Berube, Wallingford Adult Education, 37 Hall Avenue, Wallingford, CT 06492. Any questions, e-mail cberube@wallingford.k12.ct.us or call 203-294-3907.

Triple Medical

Sign up for all 3 Courses and save \$100

1. Medical Terminology for the Serious Student

Do you need a medical vocabulary to market your office skills? The course will teach medical language to communicate effectively in a medical career. Student will learn: common suffixes and prefixes for words, parts and functions of body systems, planes of the body, diagnostic and procedural suffixes, terms for medical specialties and how to decipher medical reports. It is especially beneficial for students who wish to enroll in additional beginning level medical courses. Classroom instruction is held for 16 weeks on Monday and Wednesday evenings from 4:00 – 6:00 p.m. at Lyman Hall High School.

S. Pallotta, RN
 Resident fee\$400
 Non-Resident fee\$425
 Required textbook..approximately \$45
 Class begins..Wednesday, February 15

2. Medical Billing and Coding

This course is designed for individuals interested in the growing field of medical billing. Students will learn general diagnostic terms and acronyms used in medical settings. It will provide the student with knowledge of ICD 9 CM and CPT coding procedures needed to complete medical forms for submission to insurance carriers. Classroom instruction is held for 13 weeks on Monday and Wednesday evenings from 6:00 – 8:00 p.m. at Lyman Hall High School. A high school diploma is required for this program

E. Flynn, MSW, MS
 Resident fee\$700
 Non-resident.....\$725
 Required textbookapproximately \$120
 Class begins..Wednesday, February 15

3. Computerized Medical Office

This course uses Medisoft v14 software. After completing this course students will be able to transfer their knowledge to similar office computer programs. Requirements include a successful completion of a course in Medical Billing and Coding or proficiency testing, computer literacy testing, PC laptop and a high school diploma. Classroom instruction is held for 6 weeks on Monday and Wednesday evenings from 6:00 – 8:00 p.m. at Lyman Hall High School.

E. Flynn, MSW, MS
 Resident fee\$500
 Non-resident.....\$525
 Required textbook approximately. \$115
 Class beginsMonday, May 21

PLEASE NOTE CNA / PHLEBOTOMY & EKG

- Pre-test and interview required for admission held at the Learning Center. Call to add your name for testing.
- A non-refundable \$35 test and application fee required night of test. (January 13 or January 27 or February 3)
- No refund after first class meeting.
- Please contact the Learning Center at 203-294-3900, immediately if you are interested in any of these courses. Class size is limited.

Medical Assistant Training Program

Medical Assistant Training Program Prepare for the administrative and clinical duties of a medical assistant in a medical office hospital environment. Administrative aspects cover scheduling, billing and collecting procedures, insurance form preparation and basic computer skills. Clinical components include training in taking vital signs, performing screenings, handling basic lab and outpatient surgical procedures, venipuncture, CPR, and pain management and 4 additional computer classes will be held on a Tues/Thurs schedule. This course runs from September through June at Gaylord Hospital. Class meets two nights a week, Monday and Wednesday evenings from 5:30 – 9:30 p.m. After completion of classroom instruction students must complete 160 hours of clinical externship at a medical facility. A high school diploma, knowledge of Microsoft Windows and basic word processing skill, pretest and an interview are required for acceptance into this program. Enrollment is limited.

D. Kirychuk, RNBC

Resident fee\$2800
 Non-resident fee\$2850
 Required textbooks approximately\$155
 Class begins....Monday, September 12

Certified Nurse Assistant (CNA)

This course prepares individuals to care for the sick and elderly under the direction of a Registered Nurse (R.N.). It is an entry-level paraprofessional position in the health care field. CPR training is included. Completing this program enables you to take the state registry exam for a state Certified Nurse Assistant. Classroom instruction is held Tuesday and Thursday evenings from 5:30 – 9:00 p.m. for 16 weeks at Lyman Hall High School. Scheduled clinical sessions from 5:00 – 9:00 p.m. at a state licensed nursing home. The fee for the state registry exam is included in tuition cost; however, tuition does not include physical exam, uniform and required textbook.

A pretest and interview are required for acceptance into this program.

D. Kirychuk, RNBC and

C. Pagano, CNA, CPT

Resident fee\$700
 Non-resident fee\$725
 Required textbookapproximately \$45
 Class beginsTuesday, February 21

Phlebotomy and EKG Training

Phlebotomists obtain blood from patients for laboratory analysis. Students will learn to identify: potential venipuncture sites, the cellular components of blood and their functions, the mechanisms for anticoagulants and necessary precautions for sample transport and infection control. Learn to set up and run a 12-lead EKG tracing. Clinical and classroom instruction are required and held for 18 weeks Monday and Wednesday evenings from 6:00 – 9:00 p.m. at Lyman Hall High School and an off site lab. A pretest, interview and high school diploma are required for acceptance into this program. Information about applying for certification will be distributed upon completion of course. Certification is student's responsibility.

P. Martone, CPT, RMA

Resident fee\$800
 Non-resident fee\$825
 Required textbookapproximately \$40
 Class beginsWednesday, February 22



MOS PROGRAM (MICROSOFT OFFICE SPECIALIST PROGRAM)

A Globally recognized premier certification program for desktop applications. Word – Excel – Access – Publisher – PowerPoint. An excellent resume builder; improved job prospects; better opportunity for advancement; more efficient use of on the job work time; increase salary potential. Register for course separately, or register for ALL certification courses at once for \$650 (a savings of \$96). Upon course completion you can register for the official exam for the price of \$80 per application.

Prerequisites: Must have knowledge and experience with keyboard and windows and be familiar with Microsoft Office programs.

Microsoft Office 2007 – Word Specialist

Learn the fundamental techniques of Word in this hands-on class. Learn to create and edit word documents. Create research paper, resume, add a table and chart to documents, mailing labels and directories. Course materials included in the cost.

J. WallSheehan
Wednesday6:00 – 8:00 p.m.
6 weeksFebruary 1
Fee\$135

Microsoft Office 2007 – Word Expert

Prerequisite: Beginning Word. Make your work easier by learning more advanced styles, creating a professional newsletter and online form. Working with macros to modifying templates, tables, index, table of contents, import graphics and other advanced features. Course materials included in the cost

J. WallSheehan
Wednesday6:00 – 8:00 p.m.
6 weeksMarch 14
Fee\$135

Microsoft Office 2007 – Excel Specialist

Excel is a dynamic spreadsheet pack-

age designed to allow users to combine number crunching and database operations with outstanding report output. Learn to create, format and print spreadsheets; enter formulas; and copy, move and sort data. Course materials included in the cost.

V. HammondSheehan
Wednesday6:00 – 8:00 p.m.
6 weeksFebruary 1
Fee\$119

Microsoft Office 2007 – Excel Expert

Prerequisite: Beginning Excel. A continuation of the introduction course with a focus on building and managing lists using Excel's database features to create charts. Course materials included in the cost.

V. HammondSheehan
Wednesday6:00 – 8:00 p.m.
6 weeksMarch 14
Fee\$119

Microsoft Office 2007 – Access

The course introduces you to the popular windows database program. You will learn to use the database with control and ease. The topics covered will include designing the database structure, adding records, manipulating the database, designing forms, tables and printing reports. Course materials are included in the cost.

StaffSheehan
Thursday6:00 – 8:00 p.m.
6 weeksFebruary 2
Fee\$119

Microsoft Office 2007 – PowerPoint

Use PowerPoint to create presentations for your school or company. Topics include; powerful text handling, drawing, graphing, and import/export graphics and data capabilities. Course materials are included in the cost.

StaffSheehan
Thursday6:00 – 8:00 p.m.
6 weeksMarch 22
Fee\$119

COMPUTERS

Intro to Computers

For persons with little computer experience. Who in this hands-on course will learn how to use the keyboard and mouse, work with Windows, saving and retrieving files, getting onto the Internet and sending e-mail. Acquire enough knowledge to purchase your own system confidently. No textbook is required, instructor will provide custom-made worksheets and handouts.



G. OuelletteSheehan
Thursday6:00 – 8:30 p.m.
5 weeksFebruary 9
Resident\$88
Non-resident.....\$93

Intermediate Computers

For people who are comfortable with general computer use. In this hands-on course you will learn how to install and remove applications, basic file management, introductory word processing and spreadsheets, how to perform backups and how to safely download from the internet. No textbook is required, instructor will provide custom-made worksheets and handouts.

G. OuelletteSheehan
Thursday6:00 – 8:30 p.m.
5 weeksMarch 29
Resident\$88
Non-resident.....\$93

NEW! eBay: Buying and Selling Online

Prerequisite: Basic computer skills. Learn the ins and outs of buying and selling online through eBay! This class will teach you how to create auction listings, handle payments and shipping, and complete the sale. Learn various methods of purchasing through eBay. Perfect for those who want to earn extra cash, find a bargain, or add to your collection.

M. CorroranSheehan
Wednesday6:30 – 8:30 p.m.
5 weeksFebruary 29

Resident\$60
Non-resident.....\$65

NEW! Using Google Tools

“The Cloud” is becoming one of the most exciting and talked about technological advances in years. Google has advanced the use of cloud computing with the latest suite of cloud based applications called Google tools. In this course we will learn to create, share and access your documents, calendars and photos on the web. You will also learn to safely and securely store all of your files online so you can access them from anywhere on any device.

G. OuelletteSheehan
Wednesday6:00 – 8:30 p.m.
2 weeksFebruary 29
Resident\$33
Non-resident.....\$38

NEW! Getting the Most From Your iPad

Have you purchased an iPad and feel like you are not getting the most out of it? In this course we will go beyond the basics and explore some of the lesser known features of the iPad and learn how to use all of the features of iTunes to transfer content to and from your device. Bring your iPad to class.

G. OuelletteSheehan
Wednesday6:00 – 8:30 p.m.
1 nightApril 4
Resident\$20
Non-resident.....\$25

Introduction to Microsoft Excel

Prerequisite: Knowledge of how to use a computer. Learn how to create, format, print spreadsheets, entering formulas, copy, move and sort data. Textbook included.

V. HammondSheehan
Monday6:00 – 8:00 p.m.
6 weeksFebruary 27
Resident\$125
Non-resident.....\$130

Microsoft Publisher

Publisher helps you to design beautiful and professional documents. This

course will provide an introductory overview of the basic features and functions of Microsoft Publisher. Topics will include drawing and framing, editing and formatting text, creating WordArt, working with tables, inserting pictures, combining text and graphics. Make your own business cards; create color newsletters or flyers for home, school, or work. Textbook included.

V. HammondSheehan
 Tuesday6:00 – 8:00 p.m.
 6 weeksFebruary 28
 Resident\$130
 Non-resident.....\$135

Introduction to Microsoft Word

Learn the basics of Microsoft Word to create documents such as letters and resumes. Topics will include document creation, editing, formatting, copying and moving text, using the spell check, saving files, printing, and more. Basic keyboarding skills are helpful.

M. CorcoranSheehan
 Thursday6:30 – 8:30 p.m.
 6 weeksFebruary 23
 Resident\$71
 Non-resident.....\$76

COOKING

For all cooking classes please make out two separate checks and send with your registration. Class resident or non-resident check made payable to Wallingford Adult Education and the second check for non-refundable consumable supplies made payable to Paula Biondino or cash.

NEW! Mastering Knife Skills

Proper knife technique is essential to overall cooking success. Understand how to properly care for knives. We will practice skills to cut and dice onions, garlic and vegetables. Just bring your best chef's and paring knives. No band aids necessary! Consumable supply fee \$7.

Chef PaulaSheehan
 Monday6:15 – 8:45 p.m.
 1 nightFebruary 13
 Resident\$25
 Non-resident.....\$30

NEW! Classic Bolognese Sauce

Bolognese is a thick, full bodied meat ragu, enhanced with the flavors of pancetta, (Italian salt and spice cured pork belly), onion, carrot, celery with a tomato base finished with milk or cream. It is a rich accompaniment to large pasta such as Rigatoni. Supply list will be provided with your class confirmation. Consumable supply fee \$6.

Chef PaulaSheehan
 Wednesday6:15 – 8:45 p.m.
 1 nightFebruary 15
 Resident\$25
 Non-resident.....\$30

NEW! Savory Pasta Dishes

Explore just how versatile saucing pasta can be. Learn how simple kitchen and pantry basics can transform plain pasta into gourmet fare without resorting to “recipes”. Students will be sent a packet of information prior to class with ingredient lists from which to choose your own pasta dishes. Consumable supply fee \$8.

Chef PaulaSheehan
 Monday6:15 – 8:45 p.m.
 2 weeksMarch 5
 Resident\$40
 Non-resident.....\$45

NEW! Just Stuff It

Students will visit two very different culinary cultures, that of Chinese and Italian through the utilization of one specific technique. We'll be making pot stickers and ravioli using won ton sheets. Though the stuffing and filling procedure is similar, the ingredients, flavors and cooking are quite different. Students will receive a list of filling options with class confirmation. Consumable supply fee \$6.

Chef PaulaSheehan
 Monday6:15 – 8:45 p.m.
 1 nightMarch 19
 Resident\$25
 Non-resident.....\$30

NEW! Poultry Primer 101

In this class we will discuss and explore various cooking and seasoning techniques used with chicken. Also Chef Paula will demonstrate how to butterfly a chicken breast into thin skillet ready cutlets. Supply list will be provided with your class confirmation. Consumable supply fee \$5.

Chef Paula	Sheehan
Monday	6:15 – 8:45 p.m.
1 night	March 26
Resident	\$25
Non-resident.....	\$30

NEW! Simply Scones

Tender, flaky scones are simple, delightful and easy to prepare when using proper mixing technique and ingredients best suited for scones. Learn the tricks as each student bakes a batch to bring home. Students will receive a supply list with your class confirmation. Consumable supply fee \$5.

Chef Paula	Sheehan
Tuesday	6:15 – 8:45 p.m.
1 night	May 1
Resident	\$25
Non-resident.....	\$30

NEW! Biscotti 101

Biscotti, or “twice baked” is a traditional Italian cookie. You will learn the technique to making perfectly shaped and baked anisette as well as double chocolate biscotti cookies which are crisp and delicious. Students will receive a supply list with your class confirmation. Consumable supply fee \$8.

Chef Paula	Sheehan
Wednesday	6:15 – 8:45 p.m.
1 night	May 2
Resident	\$25
Non-resident.....	\$30

DANCE AND FITNESS**Ballroom Dancing**

With a focus on having fun, students will learn the basic steps of the Rumba, Cha-Cha, Foxtrot, and Swing. Students will get individual attention in a group setting. Partners are not

necessary, but comfortable shoes are a must. Each student will receive a FREE CD to practice at home.

F. Costa	Sheehan
Thursday	7:00 – 8:30 p.m.
4 weeks	March 1
Resident	\$50
Non-resident.....	\$55

Bellydance Basics

Raise your fitness level, coordination, and confidence as you discover the magic of this beautiful dance form! This class provides clear, easy to follow instruction in the basics of bellydance.

Aleenah	Sheehan
Monday	6:30 – 7:30 p.m.
6 weeks	February 27
Resident	\$89
Non-resident.....	\$94

Yoga

Beginners as well as all levels of Yoga are welcome. Learn proper breathing, stretching, proper posture and basic poses. Wear comfortable clothes and bring a yoga mat or large towel and water.



S. Powers	Sheehan
Wednesday	6:00 – 7:15 p.m.
10 weeks	February 1
Resident	\$80
Non-resident.....	\$85

DINING**Michael's Trattoria**

Italian food at its finest! Michael will treat you to a lovely sampler with several courses and then talk with you about the simplicity and joy of cooking seasonal favorites. Cost is \$25 per person. Tax and Tip included. Beverage is extra.

Michael's Trattoria	
Tuesday	6:30 p.m.
1 night	February 7
OR 1 night	March 27
Each night, per person.....	\$25

Taste of Tatas

Participants discover the secrets of creating, and the pleasure of eating popular Puerto Rican food favorites – Beef Empanada, Spanish Rice and Beans, and Shrimp in Spanish sauce...A Taste of Tatas! Cost is \$25 per person. Tax and tip included. Beverage is extra.

Tatas

Sunday.....1:00 p.m.
 1 nightFebruary 5
 OR 1 nightMarch 4
 Each night, per person\$25

LANGUAGE

Beginning Spanish

This class is appropriate for those with no or limited Spanish knowledge. Introductory conversational vocabulary and grammar will be introduced with ample opportunity to practice this very prevalent language which is spoken by 400 million people in the world. Textbook included.

V. CoppolaSheehan
 Tuesday 6:00 – 8:00 p.m.
 10 weeksFebruary 21
 Resident\$140
 Non-resident.....\$145

MONEY MANAGEMENT

The Best Darn College Savings Plan Ever

Tuition to colleges and universities continues to rise in spite of the lackluster economic climate. Most responsible parents start tuition savings plans to help defray the inevitable cost. Often many plans have been hit by Wall Street woes and it's hard to predict how they may fare in the future. Often plans do not factor in unforeseen problems such as health issues for the parent making the deposits. "The Best Darn College Savings Plan Ever" addresses these issues and other potential pitfalls, while maximizing eligibility for financial aid. Using this method the instructor saved over \$80,000 tuition dollars for his two children. Learn

how you can benefit as well.

B. CarterSheehan
 Wednesday7:00 – 9:00 p.m.
 1 nightMarch 28
 Resident\$20
 Non-resident.....\$25

Positioning for College

Join the College Planning organization for 2 hours of specific information that you can put immediately to work on developing the best way to pay your share for college. As members of the Better Business Bureau of CT and Quinnipiac Chamber of Commerce, we offer tips about positioning your student to obtain the best AWARDS from the colleges of their choice. The information is particularly useful for parents of High School Sophomore and Juniors. Instructor Dorothy Mautte has achieved Mastery Level with the National Association of College Funding Advisors.

D. MautteSheehan
 Monday7:00 – 9:00 p.m.
 1 nightFebruary 13
 OR
 1 nightApril 9
 Resident each night\$20
 Non-resident each night\$25

How an Estate Plan Helps Put You in Control

This seminar provides answers to questions about the components of a basic estate plan, who is involved in the process and what is needed in complex situations. The topics cover: what is estate planning and who benefits; who needs an estate plan; how can you manage your estate taxes now and for your heirs; how can you care for the people you love and leave a meaningful legacy. The seminar is presented by Henry J. Cormier, CFP, Senior Financial Advisor and an Ameriprise Private Wealth Advisor. There is no obligation and Henry Cormier does not receive any compensation for this presentation. Ameriprise Financial and its representatives do not provide tax or legal advice. Ameriprise Financial Services, Inc. member FINRA and SIPC.

H. Cormier, CFP, M..EdSheehan

Thursday6:30 - 8:30 p.m.
 1 nightFebruary 9
 Resident\$20
 Non-resident.....\$25

Starting a Business with Little Money Down

From this informative seminar, you will learn practical information on how to start a successful home-based second-income business. With little money down, you will learn how to decide on a business or product to sell with minimal problems. You will also learn how to avoid making major financial mistakes. Taking this course will save you time, money and psychological wear and tear. Franchising will also be discussed. Bev Nathan is a successful business person for over 20 years. Optional material fee \$20.

B. NathanSheehan
 Wednesday7:30 – 9:00 p.m.
 1 nightApril 4
 Resident\$45
 Non-resident\$50

Drastically Cut Costs in Difficult Financial Times

Your retirement plan or your savings plan has lost money or you lost your job and want to learn how to save, this course will explain how to save thousands of dollars. To be discussed are ways to save money by investing on your own with no-load mutual funds; exploring the benefits of credit unions; buying used cars; saving money when getting car, home and life insurance; and methods to reduce your school and county taxes on your home. Bev Nathan, a consumer advocate will describe many ways to save a considerable amount of money and discuss numerous money saving web sites. Optional material fee \$20.

B. NathanSheehan
 Wednesday6:00 – 7:30 p.m.
 1 nightApril 4
 Resident\$45
 Non-resident\$50

Four Cornerstones of Your Financial Future

This course will help you identify, and manage the four cornerstones of your

financial life: cash management, protection, investing and tax planning. The course will describe how to leverage these strategies to help you feel more confident about reaching your financial goals and cover how to identify, and correct critical gaps in your current financial plan. Other topics to be discussed will be: 401k, rollovers, Roth IRA conversation and creating a financial plan.

J. JollySheehan
 Thursday7:00 – 9:00 p.m.
 1 nightFebruary 9
 Resident\$20
 Non-resident\$25

Join the Financially Secure

Would you like to be financially secure? Are you tired of watching hard-earned money disappear? Learn to grow and protect you wealth without worrying about the markets or tying your funds up in annuities. After attending this informative two week program, you will be among the few people who know how to use the same tools the banks and the wealthy do. Reserve your spot today! Your instructor is a National Association of College Funding Advisors Mastery Member and Certified Boy Advisor.

D. Mautte, CFP, CLU, ChFC....Sheehan
 Monday7:00 – 9:00 p.m.
 2 weeksMarch 5
 Resident\$30
 Non-resident\$35

Financial Security in Divorce

This unique course is designed for people in the midst of divorce. It highlights some of the major financial changes divorce inevitable brings. Learn to protect your financial security during and after divorce

A. AbrahamsonSheehan
 Thursday7:00 – 8:30 p.m.
 2 weeksMarch 8
 Resident\$30
 Non-resident\$35

Strong Women, Powerful Financial Strategies

Women face some unique issues when planning their financial future. This workshop will address women's

issues affecting them in financial planning, as well as insight into solid financial strategies that promote peace of mind and financial security. Learn ways to: gain a clear understanding of your current financial situation; protect the people and things you love; make informed financial decisions that align with your goals and tax situation. This informational seminar is presented by Henry J. Cormier, CFP Senior Financial Advisor and Ameriprise Private Wealth Advisor. There is no obligation and Henry Cormier does not receive any compensation for this presentation.

H. Cormier, CPF, M Ed.....Sheehan
 Tuesday6:30 – 8:30 p.m.
 1 nightMarch 13
 Resident\$20
 Non-resident\$25

Five Ways to Pay for Long Term Care

Explore payment methods to cover home care, assisted living and nursing home expenses. Would unlimited lifetime coverage reduce worries? Did you know there is a long term care program available for those who already need substantial assistance? Does a refundable premium make sense to you? Would you like your heirs to receive more than you received in premiums if the plan is not used? Did you know why you should or should not use a reverse mortgage for long term care insurance? The answers to these and other questions will be covered.

B. Carter.....Sheehan
 Wednesday6:30 – 8:30 p.m.
 1 nightMarch 21
 Resident\$20
 Non-resident\$25

Planning for Affordable Long Term Care

This course covers the entire spectrum of long term care planning. Topics include: Three ways to pay for home health care, assisted living facility and nursing home expenses; How the State of Connecticut views your assets; in protecting assets through the Connecticut Partnership for Long Term Care; How long term care insurance works. The dif-

ferent types of insurance policies, including shared plans, single pay plans and plans that return premium will be discussed. This class is an information seminar with ample opportunity for individual questions.

A. Abrahamian, CLTC, CSASheehan
 Tuesday7:00 - 9:00 p.m.
 1 nightMarch 20
 Resident\$20
 Non-resident\$25

Retirement Considerations 101

Planning for a Confident Retirement! This workshop will offer tips and strategies that can help you: plan to bring your retirement dreams and goals more within reach; determine how much you'll need to save; find smart and sensible ways to save more; learn ways to generate dependable income through retirement. Maximizing Your Social Security Benefits! This seminar will explain: whether Social Security can provide the income you need; how to make the most of your Social Security benefits; sources of retirement income beyond Social Security that can help you bring your dreams more within reach. This educational seminar is presented by Henry J. Cormier, CFP and Private Wealth Advisor. Ameriprise Financial and its representatives do not provide tax or legal advice. Ameriprise Financial Services, Inc. Member FINRA and SIPC.

H. CormierSheehan
 Monday6:30-8:30 p.m.
 1 nightApril 2
 Resident\$20
 Non-resident\$25

Retirement Realities

Are you tired of the Wall Street roller-coaster and current events? Worried about your retirement nest egg and how to protect it? The seminar is current-events based and covers the hot topics impacting the economy. It reviews the obstacles facing boomers preparing for their retirement and will help retirees to preserve their nest egg. It is sprinkled with humor and will be entertaining, as well as, informative. Strategies on how to protect your assets are covered in generic

terms and no specific company product is mentioned or endorsed. With over 21 years experience in the financial services industry, Mr. Brueckner has extensive knowledge in asset protection and wealth preservation strategies. He will provide a fact-filled and informative review of the issues confronting boomers and retirees in retirement.

S. BruecknerSheehan
 Tuesday7:00 – 9:00 p.m.
 1 nightFebruary 7
 OR
 1 nightMarch 6
 Resident each night\$20
 Non-resident each night\$25

Getting Great Real Estate Deals When Buying or Selling in Difficult Times

Difficult economic times offer excellent deals in real estate. Rick Nathan is a consumer advocate, not a real estate agent, and he will teach you: how to get great deals; pros and cons of foreclosures; short sales; rent with option to buy, owner financing and buying for no money down. Also, he will show you how to wisely buy or sell investment property, primary homes, multi-families and vacation homes. After this class you will know how to research property at the tax assessor's office, the county clerk's office and various other methods to research a property including using web sites. Also, to be discussed is how to sell your home with or without a realtor. Richard Nathan has successfully taught this seminar in Massachusetts, New York, Pennsylvania, New Jersey and Connecticut for the past 20 years. Optional material fee \$20.

R. NathanSheehan
 Wednesday7:30 - 9:00 p.m.
 1 nightApril 4
 Resident\$45
 Non-resident\$50

Secrets That Wall Street Does Not Want You to Know

Have you just come into some money or have some money to invest? Richard Nathan is not a salesman and has nothing to sell you, but he will be

blunt and straightforward about things that you are not supposed to know and were never taught in high school or college. You will be taught how not to be ripped off when buying or leasing cars, buying insurance, investigating long term care insurance, investing with or without financial planners and investing in mutual funds. After taking this course, you will have the confidence to invest on your own or be able to interview financial planners. You will learn how to stretch and save your hard earned money. It is time to take charge of your money!!! Optional material fee \$20.

R. NathanSheehan
 Wednesday6:00 – 7:30 p.m.
 1 nightApril 4
 Resident\$45
 Non-resident\$50

SELF IMPROVEMENT

Getting Paid to Talk, Making Money with Your Voice

Have you ever been told that you have a great voice? An introduction to professional voice-overs will explore numerous aspects of voice-over work for television, film, radio, audio books, documentaries and the internet in your area! We will cover the basics, including how to prepare the all - important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first-step for anyone interested in voice-acting as a profession. www.voicecoaches.com



Voice Coaches Instructor Sheehan
 Monday6:30 – 9:00 p.m.
 1 nightApril 2
 Resident\$35
 Non-resident\$40

Kaplan's SAT Test Preparation

This comprehensive SAT Prep Course includes 18 hours of course instruction. Expert Kaplan instructors will address every questions type, provide detailed content review and useful strategies on how to tackle the questions. Students will receive access to Kaplan's award winning On-Line Lessons on Demand, online workshops and quizzes, individual progress and performance reports and study plans customized to each student. Students have the ability to make up any class they have to miss. Students may register online by visiting www.kaptest.com/SAT

Kaplan InstructorSheehan
 Mon. & Wed.5:30 – 8:30 p.m.
 6 weeksMarch 21
 Fee\$599

Lentz SAT & PSAT Prep

Lentz and Lentz has had proven results helping thousands of students prepare for the PSAT and SAT exams for over thirty-four years. This PSAT-SAT preparatory program includes course materials, extra help at no charge, live make-ups, audio discs for review or as a supplement for missed lessons and complimentary spring review sessions. The course features test-taking skills, vocabulary development, essay writing, grammar skills, reading interpretation, speed-reading improvement techniques, advanced math review, shortcut math, tip sheets and practice testing and grading session. All course components are designed to reflect the most recent changes in the PSAT and SAT. It is a Monday schedule with one Thursday and one Tuesday evening for 8 sessions. For more information call 1-800-866-SATS (7287) or visit www.LentzSatPrep.com.

Lentz & Lentz InstructorSheehan
 Monday6:00 – 9:00 p.m.
 8 weeksMarch 5
 Fee\$350

Test Prep Mentor SAT Prep Course

This 8 session course is designed to help students get their best possible scores on the College Board SAT

exam used in the college admissions process. Classes will focus on test-taking strategies, a thorough math and grammar review, tips for writing a high-scoring essay, and computer analysis of SAT practice tests. Manuals included. For any course related questions or more information call Test Prep Mentor (203) 235-2195 or register online at www.TestPrepMentor.com.

Test Prep Mentor Instructor ..Sheehan
 Thursday.6:00 – 8:15 p.m.
 8 weeksFebruary 9
 Fee\$525

TRIPS

Culinary Institute Of America

The Culinary Institute of America (CIA) has dedicated itself for over 60 years to providing the finest culinary training in the world. Located in St. Andrew-on-Hudson in Hyde Park, NY, the CIA student body has over 1900 representing every state and many foreign countries. On special dates, guests are invited to experience dining at the CIA. We've selected the elegant American Bounty Restaurant with regional American dishes reflecting our cultural heritage. Each guest will enjoy a preset menu, fine dining and an impressive presentation. Time to explore the Culinary's wonderful shop filled with culinary tools, cook books, and gourmet foods. An afternoon special visit to the FDR home, library and Museum. **Meet the Deluxe Motor Coach in the parking lot behind the Wallingford Train Station for a 8:30 a.m. departure.**

Friendship Tours 8:30 a.m. - 6:00 p.m.
 SaturdayJune 2
 Fee\$87

Harlem

Tour a special place in New York City. Harlem where so many world famous entertainers made their fame: Count Basie, Billie Holiday, Nat King Cole, and a young singer-dancer by the name of Sammy Davis, Jr. Guided riding tour highlighting the neighborhood with its famed Gospel Churches

and their renowned choirs, Apollo Theater, lovely homes atop Harlem Heights, and the Jazz clubs that today line the streets. Hear the stories of how the celebrities got their start. Lunch at famous Sylvia's Restaurant served Family Style. Sample menu: BBQ Ribs, Southern Fried Chicken, Country Fried Fish, Collards, Rice, Assorted Desserts, Beverage. **Meet the Deluxe Motor Coach in the parking lot behind the Wallingford Train Station for a 8:30 a.m. departure.**

Friendship Tours 8:30 a.m. - 6:00 p.m.
 Saturday.....May19
 Fee.....\$88

UNIQUE

Basic Pistol Marksmanship

For recreational or personal safety interest. Covers safety, marksmanship, familiarization with various firearms, gun laws, and hands on shooting. Upon successful completion, you'll receive a letter from a NRA instructor, necessary to apply for a state pistol permit. You must be age 19 or older to register for this course.



D. LymanLyman Hall/Blue Trail Range
 Tuesday7:00 – 8:30 p.m.
 5 weeksFebruary 21
 Resident\$105
 Non-resident\$110

Private Pilot Ground School

Follow your dreams of becoming a pilot! You could be flying to local vacation spots or the Islands by spring! This is an interactive course taught by a certified flight instructor and will fulfill requirements for the FAA Private Pilot written exam. After successful completion of the course, students are signed off to sit for their FAA written exam. Requirements: must be 16 years of age or older, in good health and able to speak and understand English. Instructor will provide information on obtaining course materials at the 1st class. Three will be two field trips associated with this class, the

1st a tour/visit to the Meriden Airport and 2nd a tour of the Bradley Airport control tower and ATC approach control facility. Taught by local Wallingford Attorney Christopher Carrozzella, a Certified Flight Instructor and an Instrument Flight Instructor at Meriden Airport.

C. CarrozzellaSheehan
 Tuesday6:00 - 9:00 p.m.
 10 weeksFebruary 7
 Resident\$160
 Non-resident\$165

Sewing Shortcuts and Tricks

Don't bring your sewing machine! The instructor will demonstrate shortcuts, tips and tricks to make simple gifts and clothing alterations. A fun night for all sewers – even beginners. Bring a friend!

R. Bohn Sheehan
 Tuesday.....6:30 – 9:00 p.m.
 1 nightFebruary 28
 OR Wednesday.....6:30 – 9:00 p.m.
 1 nightMarch 21
 Resident each session\$22
 Non-resident each session\$27

NEW! Words To Film: An Intro to Script Writing

In this introductory class, students will learn the basic concepts and knowledge to plan and write their own scripts.

M. PatrylakSheehan
 Monday7:00 – 8:00 p.m.
 5 weeksFebruary 13
 Resident\$69
 Non-resident.....\$74

Stretch Your Buck

Ever wonder what the big deal about coupons is? Do you want to learn how to save at least 50% off your groceries each week? Come enjoy refreshments while you learn tricks and techniques for getting groceries, toiletries and children's clothing for a fraction of the price or even FREE! The first night the basics are given. These tips will help save big at any grocery store. The second night more advanced techniques are given that will help score huge deals at pharmacies and department

REGISTRATION

INDICATE YOUR METHOD OF PAYMENT

Cash Check (# _____)

MAIL TO: Wallingford Adult Education
 142 Hope Hill Road
 Wallingford, CT 06492
PHONE: 203-294-5932
email: pflinter@wallingford.k12.ct.us

NAME
 First _____ Last _____ Date ____/____/____

ADDRESS
 Street _____
 City _____ State _____ Zip _____

E-mail Address _____

PHONE
 Home _____ Work _____ Cell _____

CLASS DATE	COURSE TITLE	DAY	LOCATION	FEE

TOTAL DUE: _____

REMEMBER:
 a separate check
 for each class.

PLEASE DO NOT INCLUDE THE CONSUMABLE SUPPLY FEE WITH YOUR REGISTRATION PAYMENT. THESE FEES ARE COLLECTED ON THE FIRST NIGHT OF CLASS, AND MUST BE PAID IN CASH OR BY CHECK.
IF PAYING BY MAIL: INCLUDE A SELF-ADDRESSED STAMPED ENVELOPE.
IF PAYING IN PERSON: BRING A SELF-ADDRESSED STAMPED ENVELOPE.



WALLINGFORD ADULT EDUCATION



EXPERIENCE THE POWER OF LIFELONG LEARNING

LEARN ENGLISH (ESL)

Classes at Learning Center

January 9 (9:15 – 11:15 am)

January 9 (7:00 – 9:00 pm)

STUDY FOR CITIZENSHIP

Registration at Learning Center

January 9 (7:00 – 9:00 pm)

GED AND EXTERNAL DIPLOMA PROGRAM (EDP)

Orientation at Learning Center

January 3 (9:00 am)

January 3 (6:00 pm)

CREDIT DIPLOMA PROGRAM

Orientation & Registration at the Learning Center; call for appointment (203) 294-3904.

Please bring unofficial transcript and withdrawal papers from high school.

BECOME A CERTIFIED NURSE ASSISTANT, MEDICAL ASSISTANT OR PHLEBOTOMIST

Call the Learning Center for more information (203) 294-3900.

PREPARE FOR THE 21ST CENTURY WORKFORCE

Call the Learning Center for more information (203) 294-3900.

WE ARE ALWAYS INTERESTED IN:

- New General Interest Courses and Instructors.

No formal teaching experience nor teaching certification necessary.

Just your skill and interest in a hobby or topic and your willingness to share your knowledge. Our instructors earn an excellent rate of pay.

Please contact: Paul Flinter, Director

Wallingford Adult Education & Continuing Education
(203) 294-3905

GREAT HOLIDAY OR SPECIAL OCCASION IDEA!

A Wallingford Adult Education gift certificate to be used for any class or trip. Call adult education office (203) 294-5932.

Join the Campaign to Fight Litter

Wallingford Adopt-A-Road

Call (203) 294-2060

Don't Be Mean! Keep It Clean!

Wallingford Public Schools
142 Hope Hill Road
Wallingford, CT 06492

Non Profit
US Postage PAID
Permit No. 63
Wallingford, CT 06492

ECRWSS
Residential Customer
Wallingford, CT 06492