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CALENDAR

Immediately...

Registrations' begin for General Interest Courses.
Wallingford High School registration at the Learning Center, by appointment only (203) 294-3900.

Monday, January 2

CLOSED – Happy New Year

Tuesday, January 3

CLOSED – NO CLASSES

Wednesday, January 4

LEARNING CENTER OPENS

Monday, January 15

CLOSED – Martin Luther King Day

Tuesday, January 16

ABE/GED®/NEDP/CDP classes resume

Tuesday, January 23

Noon – Wallingford Adult Education Advisory Council meeting at the Learning Center.

Monday, February 19

CLOSED – Presidents' Day

Friday, March 30

CLOSED – Good Friday

Monday – Friday, April 16 – 20

CLOSED – SPRING BREAK

Tuesday, April 24

Noon – Wallingford Adult Education Advisory Council meeting at the Learning Center

Thursday, May 24

Classes End at Learning Center

Monday, May 28

CLOSED – MEMORIAL DAY

Wednesday, June 6

Wallingford Adult Education - Graduation



Adult Education Programs at No Cost

The Wallingford Board of Education provides the following programs at no cost to Wallingford residents:

- Adult Basic Education
- English as a Second Language
- Citizenship
- High School Diploma
(Credit Diploma, National External Diploma Program and GED® Preparation)

These programs are in compliance with Connecticut General Statutes Section 10-73a(c) and there is no fee for textbooks and materials. Information on all programs is provided on pages 2-4 of this catalog. For more information, call 203- 294-3900.

HOW TO REGISTER?

Registration is ongoing throughout the year. Please contact the Wallingford Adult Ed office at 203-294-3900 or stop in at Adult Learning Center (Historic Train Station), 37 Hall Avenue, during the class times listed below. You must be 17 years of age and no longer enrolled in school. **GENERAL ACCESSIBILITY AND ACCOMMODATION:** If you are a person with a disability who requires an accommodation in order to participate in any program or activity, please contact our School Counselor, Matthew Madruga at 203-294-3904 or mmadruga@wallingfordschools.org

ADULT BASIC EDUCATION

ABE classes improve fundamental academic skills and/or can help prepare an adult to earn a high school diploma. The classes help sharpen English expression, reading, spelling, writing, and math skills. Students work with computers, audio-visual material and printed text. You will learn in one-to-one and small group environments.

DAYTIME CLASSES: Monday – Thursday: 9:15 a.m. – 11:15 a.m.

EVENING CLASSES: Tuesday & Thursday: 6:00 p.m. – 8:00 p.m.

START DATE: Tuesday, January 16

CITIZENSHIP EXAM PREPARATION

Prepare for the US Citizenship exam. You will learn American history as well as the functions of our local, state, and federal government. You will receive help with the naturalization application and discuss typical exam questions.

EVENING CLASSES: Monday & Wednesday: 7:00 p.m. – 9:00 p.m.

START DATE: Wednesday, January 17

ENGLISH AS A SECOND LANGUAGE (ESL)

If you are new to our country, or if you want to improve your English, three levels of classes are offered that stress the life skills necessary to live and work in the United States. The sessions are for adults who want to learn or improve their reading, writing and speaking skills.

DAYTIME CLASSES: Monday – Thursday: 9:15 a.m. – 11:15 a.m.

EVENING CLASSES: Monday & Wednesday: 7:00 p.m. – 9:00 p.m.

START DATE: Tuesday, January 16

ESL / CIUDADANIA

Ofrecemos estas clases en ingles para estudiantes que desean aprender el idioma ingles o estudiantes que necesitan prepararse para el examen de la ciudadania

ESL (READING, WRITING AND PRONUNCIATION) FOR EVERYDAY LIVING

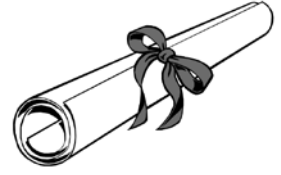
Do you want to improve your pronunciation and speak English more clearly? Do you want to practice reading? Do you want to learn how to write letters, emails, notes to your child's school and fill out forms? Intermediate and Advanced ESL learners are encouraged to join this lively course.

DAYTIME CLASSES: Friday: 9:00 a.m. – Noon

START DATE: Friday, January 19



HIGH SCHOOL DIPLOMA



3 WAYS TO EARN YOUR DIPLOMA

1. WALLINGFORD ADULT HIGH SCHOOL CREDIT DIPLOMA

The Credit Diploma Program offers adults the opportunity to earn a high school diploma. Participants may earn credits through a combination of afternoon courses, documented work or training experience. Credits may be transferred from public or private high schools and state technical high schools. To receive this “traditional” diploma, you must earn 20 credits, including those you may have earned at your former high school. The Wallingford Adult High School Credit Diploma Program offers small classes and online courses. When all credits are completed, of which four must be in English, three in mathematics, two in science, three in social studies (including U.S. history and civics), and one in Vocational Education Arts, a diploma will be awarded. The program is open to all people who are at least 17 years or older, do not hold a high school diploma, and are no longer officially enrolled in high school. For more information about this diploma option, please call the Adult Education School Counselor at the Learning Center, Monday through Thursday between 3:30 and 6:30 p.m.

2. NATIONAL EXTERNAL DIPLOMA PROGRAM (NEDP)

Earn a Wallingford Adult High School diploma independently, through the successful completion of a series of assignments in a computer based format. Through this option students earn their high school diploma independently through the successful demonstration of life skill competencies as well as an individualized competency. You will meet with an assessor periodically to help you reach your goals. NEDP is recommended for those 21 years of age who have acquired some of the life skill experiences needed for successful completion of the program.

3. PREPARATION FOR GED® TEST

This program prepares adult learners to pass the four-part, computer-based GED® exam to earn a State of Connecticut high school diploma. Students receive necessary instruction in each of four subject areas - science, social studies, math and language arts – plus the basic computer skills needed to take the exam. Instructors will also review the official website, ged.com, where students can access related exam information and exam registration procedures. To be able to register for the GED® exam, students must be at least 17 years old and officially withdrawn from school for six months. Students can begin the GED® registration process online at ged.com and complete the process in person at Wallingford Adult Education. Individuals with a documented disability who require accommodations to take the GED® test will use www.ged.com to apply for test accommodations.

DAYTIME CLASSES: Monday - Thursday, 9:15 a.m. to 11:15 a.m.

EVENING CLASSES: Tuesday and Thursday, 6:00 to 8:00 p.m.

Spanish GED® Preparation Class

Prepare to take the GED® test in Spanish. The course covers writing skills, science, social studies, math and language arts. Spanish GED®

EVENING CLASSES: Tuesday and Thursday, 6:00 to 8:00 p.m.

For more information about these diploma options please contact The Learning Center, (203) 294-3900.

SPECIAL PROJECTS

“These programs are supported by the Workforce Innovation and Opportunity Act, Title II - Adult Education and Family Literacy.”

ESL American Living

For students who regularly attend Intermediate or Advanced ESL classes and persons who have graduated from ESL, an American Living class is offered that provides additional study of current events, finances (money), basic writing, US history, computers, and how US government works and career awareness.

DAYTIME CLASSES: Monday & Wednesday, 9:15 a.m. – 11:15 a.m.

START DATE: Wednesday, January 17

Family Literacy

Parents of children enrolled in Prekindergarten and Kindergarten classes at Cook Hill, Highland, EC Stevens and Moses Y. Beach elementary schools may participate in language development and reading readiness activities at their child’s school. Parents work on their own adult education lessons and spend time with their children on their grade level language development activities. Transportation between the Adult Education Learning Center and the elementary schools is available.

Please call Wallingford Adult Education for additional information at 203-294-3900.

Exploration of Career Pathways

In order to provide qualified workers for careers in Science, Technology, Engineering and Mathematics (STEM), Wallingford Adult Education is ready to strengthen the workforce. The sessions are for diploma preparation students and students in the Advance ESL level. Class days and times to be announced.

KEY COMPONENTS:

- Basic skills instruction of Reading, Writing and Math,
- Develop “soft skills” such as understanding of ethics, team-work, and critical thinking skills.
- Individual career and education plan/profile.
- Potential employment opportunities and education training programs.
- Job shadowing opportunities and/or pre-apprenticeships.

National External Diploma Program (NEDP)

Through WIOA funds, Wallingford Adult Education is able to offer the NEDP a Connecticut approved high school completion program, to qualified residents of Cheshire, Meriden and Wallingford, CT. Through this option, a student can earn their high school diploma independently through successful completion of life skill competencies. The student uses skills gained from life and work experience to demonstrate reading, writing and math ability. If you are employed, enrolled in job training or have other commitments such as managing a household, NEDP offers flexibility to earn a diploma. NEDP also offers the opportunity to work independently and meet periodically with an assessor in a confidential setting.

Student Supports:

ADULT EDUCATION PROGRAMS AND SERVICES:

Assessment and Placement

Counselors will administer and interpret tests of your abilities and interests, then place you in the right courses.

Career Counseling

Explore your abilities, interests, values, and knowledge of various careers; learn resume writing and interviewing skills.

Educational Counseling

Learn about college programs, vocational and technical schools, apprenticeships and other learning/training options.

Counseling

FREE to all Wallingford Adult Education students, and to anyone considering becoming a student. Talk with a counselor about your educational goals and the life issues that affect them.

Enrichment and General Interest Classes

REGISTRATION

Registration can be made at any time during the semester. Do not wait until the last minute. Classes may be cancelled if enough registrations are not received five days prior to the starting date. Register for any course(s) as soon as our brochure is available, regardless of the course start date.

All classes are held at Mark T. Sheehan High School or other specified locations. Registration information can be found on page 18. Registration form can be found on page 20. Make checks payable to: Wallingford Adult Education.

REGISTER EARLY!

BOATING

Safe Boating & Personal Watercraft Safety Certification

1-Day Combination complete updated safe boating certification course taught in one (8 hour) day. This class includes the newest requirement for towing skiers and tubes. Successful completion will allow the student to purchase a Connecticut Certificate of Personal Watercraft Operation with Waterski endorsement, which enables them to operate any recreational vessel up to 65 feet in length, with some age restrictions of younger operators. An easy to understand classroom format is designed for students age 12 and over. **PRIOR TO TAKING THIS CLASS** each student should create an account online at <https://www.ct.wildlifelicenses.com/internetsales>, and click the START button. Create an account if you don't already have one, and then print the page that includes your Conservation ID number and bring it to class. Once we have entered your score in the DEEP system you will use your account to purchase and print the certificate after the class. Student should bring a pen or pencil to class..

Professional Marine Education Instructor
 Learning Center (Railroad Station)
 Saturday 8:30 a.m. – 4:30 p.m.
 1 session..... March 3
 Each Session Resident \$65
 Each Session Non-resident \$70

COMPUTER TECHNOLOGY

Computer Technology

Introduction to Apple iPad Seniors and Other Beginners

This class is for true beginners. No computer experience is required. If you do not have an iPad, we can give you one to use during class. In this introductory iPad class students will learn how to control basic settings such as volume, screen brightness and using the home button. Explore the free apps that come with every iPad, such as Notes, Safari (internet) and Calendar. Also learn taking photos, connecting to wi-fi networks, using the Contacts app to store names and addresses and discuss popular iPad applications that you can download. Please note: This course is specifically designed for using Apple iPads. If you own a tablet that is made by a manufacturer other than Apple, this course might not be the best fit for you.

P. Andersen Learning Center
 Thursday 3:00 – 5:00 p.m.
 4 weeks March 22
 Resident \$67
 Non-resident \$72



COMPUTER TECHNOLOGY

Files and Folders

Use Windows Explorer to learn how to set up folders to move or copy documents, pictures and music files. See how to transfer files to and from a Flash Drive. Bring a Flash Drive to class.

J. Holcomb Sheehan
Wednesday 6:30 – 8:30 p.m.
2 weeks March 28
Resident \$53 Non-resident \$58

Microsoft Word Introduction

You will learn how to create, save, print and format basic documents. Also how to edit, format, and insert a table or picture into a document. Bring a Flash Drive to class.

J. Holcomb Sheehan
Monday 6:30 – 8:30 p.m.
3 weeks February 26
Resident \$65 Non-resident \$70

Microsoft Word Intermediate

Create, style and format multiple page documents. Create flyers and brochure style documents using bullets and numbering, headers, footers and more. Bring a Flash Drive to class.

J. Holcomb Sheehan
Monday 6:30 – 8:30 p.m.
3 weeks March 19
Resident \$65 Non-resident \$70

NEW! Microsoft Word Advanced

Create and format multiple page documents and brochure style documents. Insert a table into a document. Style with fonts, colors, lists, tables, graphics. Create an Adobe PDF document from a Word document. Insert a hyperlink to the internet. Bring a flash drive to class.

J. Holcomb Sheehan
Monday 6:30 – 8:30 p.m.
3 weeks April 23
Resident \$65 Non-resident \$70



CREATIVE ARTS

NEW! Acrylic Painting

Introduction to the basics of acrylic painting on canvas. This is a beginner course where you will learn about painting techniques, standard acrylic paints and color theory. Each week you will be creating a new painting. When the course is complete you will have four paintings to bring home. Consumable supply fee of \$20.00 payable in cash to instructor at first class. A supply list of materials to bring to class will be included on your class confirmation.

C. Tillbrook Sheehan
Thursday 6:30 – 8:30 p.m.
4 weeks March 8
Resident \$69 Non-resident \$74

NEW! Box Stitch Fingerless Mitts

Pretty and warm, these fingerless mitts are perfect for a cool spring evening. Quick and easy worked on straight needles. Must be able to knit and purl. All supplies to be purchased at Country Yarns.

L. Scarpa Country Yarns
Thursday 6:30 – 8:30 p.m.
2 weeks March 15
Resident \$49 Non-resident \$54

NEW! Card & Paper Crafting

Beginner to intermediate students will learn to create beautiful cards, a Christmas ornament and candle gift set. Supplies included in class fee.

D. Shaw Sheehan
Thursday 6:00 – 8:00 p.m.
5 weeks March 8
Resident \$83 Non-resident \$88

Introduction to Digital Photography

Beginner or intermediate photographers with any camera and any photo editing experience can learn to make fine photographs regardless of the type of equipment you own. Learn to use your camera, learn the basics of taking better photographs and learn the pure enjoyment of capturing the perfect image.

R. Godbey Sheehan

CREATIVE ARTS

Wednesday 6:00 – 8:00 p.m.
6 weeks March 7
Resident \$95 Non-resident \$100

NEW! Felted Easter Eggs

Learn to needle felt over Styrofoam eggs for these quick and easy Easter decorations. Class fee includes egg form, needle and fiber.

L. Scarpa Country Yarns
Thursday 6:30 – 8:30 p.m.
1 night March 8
Resident \$43 Non-resident \$48

Felted Soap

Decorate a bar of soap using wool fibers. Easy and fun and makes a great gift. Class fee includes soap and fiber.

L. Scarpa Country Yarns
Thursday 6:30 – 8:30 p.m.
1 night March 1
Resident \$43 Non-resident \$48

NEW! Light Weight Summer Scarf

Must know how to knit and Purl. Light weight lacy scarf suitable for spring and summer. Adds a special touch to anything from a tee shirt to a suit. All supplies to be purchased at Country Yarns.

L. Scarpa Country Yarns
Thursday 6:30 – 8:30 p.m.
2 weeks April 5
Resident \$49 Non-resident \$54

NEW! Owl Design Baby Hat & Booties

Must know how to knit and Purl. This is an adorable set for baby. Learn to use a round needle and double pointed needles. Great for gifts or donations. All supplies to be purchased at Country Yarns.

L. Scarpa Country Yarns
Thursday 6:30 – 8:30 p.m.
3 weeks May 3
Resident \$69 Non-resident \$74

NEW! Monarch Painted Wine Glasses

We will be painting two wine glasses. The glasses will have lavender in the background and a monarch butterfly in the foreground. Stencils are included. Adult beverages and snacks are allowed in class.

A. Marquardt Catalyst Art Studio
Thursday 6:30 – 8:45 p.m.
1 night April 5
Resident \$35 Non-resident \$40

“Pysanka” Ukrainian Easter Egg Decorating

Experience the history and folklore of the beautiful Ukrainian art known as “Pysanka Decorating”. Using traditional equipment, techniques and designs, you will create 3 to 4 pysanky in time for Easter giving or for treasured keepsakes. No previous experience needed. Consumable supply fee of \$15.00 payable in cash to instructor at first class. A list of a few simple supplies needed will be listed on class confirmation.

G. Horbaty Sheehan
Tuesday 6:30 – 9:00 p.m.
3 weeks March 6
Resident \$65 Non-resident \$70

NEW! ‘Welcome Peeps’ Wooden Pallet Easter Sign

Your painted wooden pallet sign will have three pastel colored peeps with ‘Welcome Peeps’ written. Stencils included. Makes a great Easter welcome sign! Adult beverages and snacks are allowed in class.

A. Marquardt Catalyst Art Studio
Thursday 6:30 – 8:45 p.m.
1 night March 15
Resident \$35 Non-resident \$40



Yoga for Beginners

This class is for students new to Yoga. Learn the foundations, the basic poses “asanas” and proper body alignment. Also breathing techniques to breathe deeper into a pose. Balance and stretch your muscles to go into the foundation poses.

K. Kelly Sheehan
 Thursday 5:45 – 6:45 p.m.
 10 weeks March 22
 Resident \$83 Non-resident \$88

Yoga for Beyond Beginners

This class is for students who are comfortable with the “asanas” poses and are starting to feel like it is time to deepen their practice. Sun salutations and concepts will be introduced and a segment that focuses on meditation techniques.

K. Kelly Sheehan
 Thursday 7:00 – 8:00 p.m.
 10 weeks March 22
 Resident \$83 Non-resident \$88

Yoga for Everyone

This class is for those new to yoga. The class will build each week on poses introduced and go at the pace comfortable for the participants in the class.

S. Powers Sheehan
 Wednesday 6:00 – 7:30 p.m.
 10 weeks February 28
 Resident \$99 Non-resident \$104

Yoga Specialties

Each class will be offered for one night and will focus on a different area of the body. Sign up for one night or take two or all six.

Yoga for Beginners, March 5.

Start your yoga journey with terms and poses that explain the principles behind the practice of yoga.

Yoga for Beginners II, March 12.

Build on poses introduced in the first beginner class and add new poses. We will go at a slower pace in the poses to improve your techniques.

Yoga for the Back, March 19.

The focus will be yoga poses “asanas”, warm ups, breathing and relaxation techniques to strengthen the muscles in your back.

Yoga for Athletes, March 26.

Whether you are a runner, walker, swimmer or golfer, competitive athlete or a weekend warrior, yoga can benefit your body and mind with focus on flexibility and strength.

Yoga for Hips, April 2.

Learn some yoga poses that can assist in stretching and bringing comfort to your hips.

Yoga Nidra, April 9.

Yoga Nidra is an ancient form of guided meditation that will take you to the deepest level of relaxation. Participants are encouraged to bring a blanket and a pillow to assist in the promotion of full relaxation.

S. Powers Sheehan
 Monday 6:00 – 7:30 p.m.
 6 weeks March 5
 Each Class Resident \$23
 Each Class Non-resident \$28
 Six Classes Resident \$81
 Six Classes Non-resident \$86

IN THE KITCHEN

Pizza, Calzones and Stuffed Breads

Hands-on making dough from scratch. Toppings and fillings of your choice; sausage, broccoli, spinach, peppers, or onions. You will make pizza sauce, authentic gravy (mom’s secret recipe). Consumable supply fee of \$30 for all ingredients paid in cash to instructor at first class.

R. Inzero Sheehan
 Wednesday 6:30 – 9:00 p.m.
 3 weeks April 25
 Resident \$63 Non-resident \$68



LANGUAGE

American Sign Language I

This course is designed for students who have no background in American Sign Language and which to learn greetings, common phrases, the finger alphabet, basic grammar and vocabulary. Students will increase their knowledge of and awareness of deafness and deaf culture and feel confident in the basics of the language. No book is required.

K. Sanzo Sheehan
 Thursday 6:30 – 8:30 p.m.
 10 weeks March 1
 Resident \$151 Non-resident \$156

NEW! American Sign Language II

This course is designed for students who have some background in American Sign Language and wish to learn more vocabulary and more complex grammar. Students will increase their expressive language skills and feel more confident holding a conversation in American Sign Language. No book is required.

K. Sanzo Sheehan
 Tuesday 6:30 – 8:30 p.m.
 10 weeks February 27
 Resident \$151 Non-resident \$156

MEDICAL CAREER PROGRAMS

Registration/Pretesting: Students interested in becoming a Certified Nurse Assistant, Medical Assistant, Phlebotomist or Triple Medical Specialist are required to pretest prior to admission.

- Registration Test Dates: held at 5:30 p.m. at the Learning Center, Friday's January 5, and January 12.
- A non-refundable \$35.00 test and application fee required with reservation request.
- Please contact the Learning Center at 203-294-3900 immediately if you are interested in any of these courses. Class size is limited.
- C. Berube, Coordinator, email cberube@wallingfordschools.org

Certified Nurse Assistant (CNA)

A CNA provides care for individuals with health care needs under the direction of a licensed practical nurse (LPN) or registered nurse (R.N.). It is an entry-level paraprofessional position in the health care industry. Upon successful completion of this program, the student will be able to sit for the Connecticut Department of Health Nurse Aide Competency Examination. The fee for the state certification exam is included in tuition cost. Tuition does not include physical exam, uniform and required textbook. Classroom instruction is held Tuesday and Thursday evenings from 5:30 – 9:00 p.m. for 16 weeks at Mark T. Sheehan High School. Scheduled clinical sessions form

5:00 – 9:00 p.m. at a state licensed long-term care facility. A pretest and interview are required for approval into this program.

Instructors: D. Kirychuk, RNBC, A. Colandrea, CNA
 Required Textbook approximately \$60
 Resident fee \$900
 Non-resident fee \$925
 Class begins Tuesday, February 13

Medical Assistant Training Program

The Medical Assistant Program prepares the individual for the responsibilities of the medical assistant in a medical office, clinic or hospital environment. The administrative program training includes:

Continued on next page

MEDICAL CAREER PROGRAMS

scheduling, billing, ICD-10 coding procedures, insurance form preparation and electronic medical office computer skills. The clinical instruction includes: vital sign status, patient screening, basic lab and out-patient surgical procedures, phlebotomy skills, CPR/First Aid certification in adult/child/infant and pain management. Classroom instruction includes: Anatomy and Physiology of the human body, disease management, medical terminology and pharmacology. Career Development Life Skills include: resume assistance, interview processing. At completion of classroom instruction, the student is required to complete 160 hours of a clinical externship at an approved medical facility. For entrance into this program, the requirements are: a pretest, knowledge of basic computer skills and Microsoft windows, an interview and high school diploma. A criminal records background check is mandatory. Upon completion of both the classroom and externship components the student will be awarded a certificate of completion and is eligible to sit for the National Competency Certification Test (NCCT). Information regarding application and additional fee for the NNCT will be distributed upon completion for the course and certification is the responsibility of the student. This course runs from September through June at Gaylord Hospital and Mark T. Sheehan High School. Class meets two nights a week, Monday and Wednesday evenings from 5:30 – 9:30 p.m. and every other Thursday 5:30 – 8:30 p.m.

Instructor: D. Kirychuk, RNBC
Required textbooks approximately.....\$300
Resident fee\$2900
Non-resident fee\$2950
Class begins, September, 2018

Phlebotomy Program

Phlebotomists obtain blood from patients for laboratory analysis. Students will learn to identify: potential venipuncture sites, the cellular components of blood and their functions, the mechanisms for anticoagulants, and necessary precautions for sample transport and infection control. A pretest, interview and high school diploma are required for approval

into this program. Information about applying for national certification with the National Competency Certification Test (NCCT) will be distributed upon completion of course. Certification Tests (NCCT) will be distributed upon completion of course. Certification is the responsibility of the student. Clinical and classroom instruction are required and are held for 16 weeks. Monday and Wednesday evening from 5:30 – 8:30 p.m. at Mark T. Sheehan High School.

Instructor: M. Benitez, CPT
Required Textbook and Lab fee\$120
Resident fee\$875
Non-resident fee.....\$900
Class begins Wednesday, February 21

Triple Medical Coding Program

Medical Terminology for the Serious Student:

This course will unlock the mysteries of the medical language for all students who wish to communicate effectively in a medical career. This more detailed vocabulary is needed for coding.

Medical Billing and Coding: This course is designed for individuals interested in the growing field of medical billing. The student will learn how to translate ICD 10 CM and CPT coding and apply this knowledge to complete medical forms (CMS-1500).

Computerized Medical Office: This course uses SimChart to teach Electronic Health Record theory and application. After completing this course, students will be able to transfer their knowledge to similar office computer programs. Classroom instruction is held Monday and Wednesday evenings from 5:30 – 9:00 p.m. for 16 weeks at Mark T. Sheehan High School. In addition, Thursday's 6:00 – 8:00 p.m. in April and May.

A pretest, interview and high school diploma are required for approval into this program.

Instructor: E. Flynn, LMSW, MS
Required Textbooks approximately ..\$300
Resident fee\$900
Non-resident fee\$925
Class begins October, 2018

Asset Protection, Title 19 and Long Term Care Strategies

If you or a loved one needs long term care, you don't have to lose your house and all of your assets to the nursing home or to the State. Learn the current Medicaid rules and asset protection strategies so you can plan ahead and preserve your assets.

A. Orlando Sheehan
 Monday 6:30 – 8:00 p.m.
 1 night April 9
 Resident \$25 Non-resident \$30

Financial Strategies for Successful Retirement

With financial independence, retirement can be the most fulfilling time of your life. Learn important money management concepts and issues that are important to people near retirement that include how to reduce pressure on your retirement income and which assets are appropriate for retirement income and make appropriate health care decisions. An optional financial planning consultation is provided after the class. Material fee (optional) of \$30 is payable to instructor the first night of class.

S. Jacques Sheehan
 Thursday 6:30 – 8:30 p.m.
 3 weeks April 26
 Resident \$39 Non-resident \$44

Guardian Angel Trusts: How to Leave Your Legacy

Open your eyes to an exciting Estate Planning tool most of us don't not know much about – Revocable Living Trusts. Discuss what a Will is meant to accomplish. Learn the law for carefully drafted Trusts to protect money and other assets against Divorce, Lawsuits, Creditors, Bankruptcy and our loved ones' silly spending habits! These documents act as a blank canvass – awaiting the chance to reflect its creator's personalized wishes regarding gifts, timing and purpose of distributions. This creates a unique opportunity to act as the "Guardian Angel" for our family members, even after we're gone.

B. Etter, Esq. Sheehan
 Wednesday 6:00 – 7:30 p.m.

1 night March 14
 Resident \$25 Non-resident \$30

NEW! How to Build an Investment Portfolio

Successfully build an investment portfolio for both growth and income. Topics discussed will include stock selection, bonds, mutual funds, ETF's and other candidates for your investment portfolio. You will feel more confident when making investment selections. Each student will be eligible to receive a Morningstar Snapshot.

L. Czerwinski Sheehan
 Thursday 6:30 – 8:30 p.m.
 4 weeks March 8
 Resident \$35 Non-resident \$40

NEW! Organize and Secure Life's Most Important Documents and Information

What would happen if your home was destroyed or you became ill or incapacitated? Would you or your family know how to access your critical financial, insurance, and personal documents? Learn strategies and techniques to file your documents in a simple, easy-to-use system to give key people in your life access to the documents they will need. Secure and protect your information.

M. Argiro Sheehan
 Thursday 6:30 – 8:00 p.m.
 1 night March 1
 Resident \$25 Non-resident \$30

NEW! Passport to Retirement

We will discuss the ten most common mistakes made in retirement; Social Security, Medicare, determining how long your money will last, the power of inflation, long term care, maximizing your pension, wills and trusts. Also strategies to avoid retirement roadblocks, such as managing cash flow, using tax laws to your advantage, how to take an accurate financial inventory. Attendees are entitled to a complimentary, private consultation.

S. Grove Sheehan
 Wednesday 6:30 – 8:00 p.m.
 2 weeks March 14
 Resident \$29 Non-resident \$34

MONEY MATTERS

Planning for Affordable Long Term Care

This course covers the entire spectrum of long term care planning. How to protect your assets and income from an LTC illness; How the State of Connecticut views your assets and your income; How the use of trusts and gifting assets applies; How the CT Partnership works; LTC policies and how to avoid costly mistakes.

A. Abrahamian Sheehan
Wednesday 7:00 – 9:00 p.m.
1 night March 21
Resident \$27 Non-resident \$32

Smart Retirement Income Strategies

Retirement can be a very rewarding time in a person's life, however planning for retirement and preparing to have the income that is required to meet one's needs can be quite a challenging process. Many people want to secure a plan and know that they will not outlive their money in retirement, as the safety net of their job and salary will be gone. High medical expenses and the thought of running out of savings in old age gives people the jitters.

M. Alimo Sheehan
Monday 6:30 – 8:00 p.m.
1 night March 5
Resident \$25 Non-resident \$30

NEW! Tax Savings Approach to Investing

Are you better off with tax-deferred or tax favored investments in retirement? How are your investments taxed retirement? What is the proper balance in my portfolio of tax-deferred, tax favored and tax free investments? Comparisons of tax-deferred vs. tax-free retirement scenarios that may surprise you.

M. Alimo Sheehan
Wednesday 6:30 – 8:00 p.m.
1 night March 7
Residents \$25 Non-resident \$30

NEW! Trust & Estate Planning

Learn how to plan properly, avoid pitfalls and potentially reduce taxes. Do I need a

Trust? How to properly fund a trust? Ways to maximize my loved ones inheritance. What a Power of Attorney is and what it is not, Title 19. And how long term care may effect my estate.

L. Czerwinski Sheehan
Wednesday 6:30 – 8:30 p.m.
1 night March 28
Resident \$27 Non-resident \$32

PERSONAL ENRICHMENT

Introduction to Essential Oils

Essential Oils are very popular these days! This class will trace the history of essential oils (briefly) and discuss what they are. Their safe and effective use, the cost factor, the difference between brands, how to get the most value for your money and make better choices with the confusing and costly options out there. You will have your own roller bottle with the essential oil of your choice to take home. Materials fee of \$10.00 (cash) paid to instructor.

D. Kordorsky, Registered
Dietitian Sheehan
1 night 6:00 – 8:30 p.m.
Tuesday March 6
OR Thursday April 12
Each Night Resident \$25
Each Night Non-resident \$30

Heathy Over-the-Counter Remedies Made With Essential Oils

Swap your over-the-counter headache, cough/cold and joint/muscle pain for relief products that contain no dyes, fillers, warnings or ingredients you can't pronounce! You will make a healthier version of all three, using only natural ingredients and the highest quality essential oils. Material fee of \$24.00 (cash) paid to instructor for three products.

D. Kordorsky, Registered
Dietitian Sheehan
1 night 6:00 – 8:30 p.m.
Thursday March 8

PERSONAL ENRICHMENT

OR Tuesday May 8
 Each Night Resident \$25
 Each Night Non-resident \$30

Make Your Own Natural Household Cleaners Using Essential Oils

Just in time for spring cleaning! Household products made with the highest quality essentials oils and other natural ingredients are a safe, easy and effective way to clean and disinfect your home. You will make four products; an all-purpose liquid cleaner, a bathroom cleaner, a furniture polish and a room freshener. Materials fee of \$24.00 (cash) paid to instructor.

D. Kordorsky, Registered Dietitian Sheehan
 1 night 6:00 – 8:30 p.m.
 Tuesday March 20
OR Thursday April 5
 Each Night Resident \$25
 Each Night Non-resident \$30

Make Your Own Spa Quality Health and Beauty Products Using Essential Oils

Pamper yourself with spa quality beauty products made with natural ingredients and the highest quality essential oils. You will make a full size body scrub, foot scrub, body butter, and hand lotion. Make a set for yourself and a gift! Materials fee of \$32.00 (cash) paid to instructor for four products. Additional sets for \$24.00.

D. Kordorsky, Registered Dietitian Sheehan
 1 night 6:00 – 8:30 p.m.
 Monday April 9
OR Thursday May 3
 Each Night Resident \$25
 Each Night Non-resident \$30

NEW! Forgiveness

Have you ever argued with someone or felt mistreated and then walked away with unresolved anger, emotional pain or guilt? Learn strategies to clear the lingering feelings with self-compassion exercises from the Stanford Forgiveness Project, teachings from Deepak Chopra and Andrew Weil, and a Hawaiian ritual.

In addition you will receive handouts to reinforce what you learn in class.

L. Lyons, M.S. Sheehan
 Monday 7:00 – 8:15 p.m.
 2 weeks April 23
 Resident \$55 Non-resident \$60

Gut Reaction – Natural Solutions for Normalizing Digestive Function

Do you have sensitivity issues with your digestive system? Do you live on over the counter or prescription medication to control you digestive symptoms? Discover what your pain and discomfort is really telling you. The solution lies in a few simple steps to restore your digestive function back to normal.

Dr. D. DeRosa Sheehan
 Monday 6:30 – 7:45 p.m.
 1 night March 5
 Resident \$21 Non-resident \$26

NEW! Introduction to Meditation

Modern neuroscience shows that what we do and think can change the physical structure of the brain – yet often this change occurs unconsciously, when we habitually react to stress in unhealthy ways. Lisa Wimberger created Neurosculpting® as a complete approach for consciously reshaping our brains for greater happiness, health, creativity, and compassion. Dr. Kelly is a certified Neurosculpting® teacher. She will use the work of Lisa Wimberger and her own training to provide you with a unique experience of meditation, mindfulness, diet, and daily practices to help you create positive, lasting changes in your brain and your life.

K. Kelly Sheehan
 Monday 7:00 – 8:00 p.m.
 6 weeks February 26
 Resident \$65 Non-resident \$70



PERSONAL ENRICHMENT

NEW! Mindful Parenting

Learn how to parent/guide our children from a place of self-awareness, compassion and connection through basic concepts of Mindfulness and Conscious Parenting. Reading suggestion: *The Awakened Family* by Dr. Shefali Tsabary.

R. Carrano Sheehan
Monday 7:00 – 8:30 p.m.
4 weeks March 5
Resident \$53 Non-resident \$58

Mindfulness – Continued

For individuals who have a basic understanding of Mindfulness and want to implement the teachings. Activities and readings and open discussions on how to utilize mindful strategies. Discussions include attaining stillness, experiencing consciousness/essence and acceptance of impermanence.

L. Lyons, M.S. Sheehan
Monday 7:00 – 8:15 p.m.
4 weeks March 19
Resident \$75 Non-resident \$80

NEW! Optimize Your Wellness

Genes are not your destiny! This three-session course will teach you what Epigenetics is and give concrete examples. Discover how new perceptions and beliefs and lifestyle changes can influence your genes and even those of your offspring. Meditations and hypnosis will reinforce the teachings.

L. Lyons, M.S. Sheehan
Wednesday 7:00 – 8:15 p.m.
4 weeks April 25
Resident \$65 Non-resident \$70

Wake Up Your Thyroid – Naturally Improve Thyroid, Energy and Metabolism

Are problems with your thyroid affecting your weight, sleep, or energy levels? Undiagnosed thyroid problems put you at risk for certain serious conditions including cardiovascular diseases, osteoporosis, depression, and even infertility. Medications that will only give you temporary relief. In a few simple steps, learn the two missing nutritional links and simple steps

you can take to promote balance in your thyroid.

Dr. D. DeRosa, D.C. Sheehan
Monday 6:30 – 7:45 p.m.
1 night March 19
Resident \$21 Non-resident \$26

SPECIALTY CLASSES

Chords Are Key for Guitar

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. For more information go to justonceclasses.com. Fee includes an online book and online instructional videos.

D. Fontana Sheehan
Wednesday 6:30 – 9:30 p.m.
1 night May 16
Resident \$59 Non-resident Fee \$64

Chords Are Key for Piano

You don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. While piano teachers teach note reading, piano professionals use chords. You can learn all the cords you'll need to play any song in this one session. If you can find middle C and know the meaning of *Every Good Boy Does Fine*, you already know enough to enroll in this workshop. Fee includes an online book and online instructional videos.

D. Fontana Sheehan
Wednesday 6:30 – 9:30 p.m.
1 night February 21
Resident \$59 Non-resident Fee \$64



SPECIALTY CLASSES

Getting Paid To Talk

Ever been told you have a great voice? From audio books and cartoons to documentaries, commercials, and more, this class will introduce you to the field of voice over. Learn what the pros look for, how to prepare, and where to find work in your area. You will have an opportunity to record a short professional script under the direction of the teacher. This class is fun and realistic first step in voice over field. For more information please visit:

www.voicecoaches.com/gptt

Voice Coaches Sheehan
Tuesday 6:30 – 9:00 p.m.
1 night April 10
Resident \$40 Non-resident \$45

Golf Fore Woman 101

Beginner golf lessons for **women only** that covers the fundamentals of golf including full swing, short game, and putting. Bring your golf clubs. If you do not have clubs, clubs will be provided. Equipment will be reviewed and suggestions made about what clubs to purchase. Each session runs for 5 weeks consecutively.

LOGC Instructor Lyman Orchards
Golf Center
Saturday, March 24 10:00 a.m. – 11:45 a.m.

OR

Tuesday, May 1 6:35 – 7:50 p.m.

OR

Wednesday, May 2 6:15 – 7:30 p.m.

Each Session Resident \$101

Each Session Non-resident \$106

Golf! Men's Playing through the Front Nine

For the golfer with little or no golfing experience. A coach will cover everything you need to know to play your first or next round of golf. Bring your golf clubs. If you do not have clubs, clubs will be provided. Equipment will be reviewed and suggestions made about what clubs to purchase. Each session runs for 5 weeks consecutively.

LOGC Instructor Lyman Orchards
Golf Center

Sunday, March 18 12:00 – 1:45 p.m.

OR

Friday, April 6 4:00 – 5:15 p.m.

Each Session Resident \$101

Each Session Non-resident \$106

NEW! Introduction to Acting

An introductory course into the world of acting. Whether you are a beginner who is just looking to try something new or a more advanced actor who wants to go over the basics. All are welcome.

F. McLaughlin Sheehan

Wednesday 6:00 – 7:00 p.m.

10 weeks February 28

Resident \$115 Non-resident \$120

SAT Prep

Lentz & Lentz has had proven results helping thousands of students prepare for the SAT. Designed to benefit students of all ability levels, this 30-hour program is divided equally between English and math and covers all facets of the SAT. Tuition includes course materials, extra help, live make up classes, online downloads for review or as a supplement for missed lessons and complimentary spring refresher classes.

For more information or to register call 1-800-866-SATS (7287) or visit www.LentzSATPrep.com.

Lentz & Lentz Instructor Sheehan

8 weeks 6:00 – 9:00 p.m.

Monday March 5

Fee \$399

Replacement Window Workshop

Want to save on your heat and air conditioning bills and take advantage of incentive programs available? How much should I pay for a good quality window? Compare products and prices and see how windows are properly installed! Learn from an experienced Master Carpenter about having windows replaced or replacing windows yourselves.

P. O'Doherty, Master Carpenter .. Sheehan

Tuesday 7:00 – 9:00 p.m.

1 night March 20

Resident \$35 Non-resident \$40

TEEN DRIVER EDUCATION

Wallingford Adult Education through Crossroads Driving School offers Teen Driver Education at both Mark T. Sheehan and Lyman Hall high schools after the school day. The program will offer three options to obtain a State of Connecticut Driver's License. **(Student must be age 16 to start the course.)**



Option 1 (Full Course) includes 30 hours of classroom (15 classes) which includes the safe driving, drug and alcohol program, plus 8 hours of behind-the-wheel. Most insurance companies offer a discount if you take this full course. Driving sessions will be scheduled by the instructor. Fee \$550.

Option 2 (Classroom – No Driving) includes 30 hours of classroom (15 classes) which includes the safe driving, drug and alcohol program. No behind-the-wheel. Fee \$290.

Option 3 (Safe Driving/Drug & Alcohol Program) this 8 hour course (4 classes) fulfills the mandatory requirement of the State of CT for license applicants who choose a Home Training Program. Required for all drivers, including those over 18. Fee \$150.

Required by State Law!

A parent and student orientation and information class!

For student to receive a certificate, the student as well as at least one parent, it is mandatory to attend this 2 hour orientation session (considered to be first class). If the student is 18 years old or older a parent does not need to attend but the student must attend. This orientation is included in the 30 hours of classroom time.

Lyman Hall High School

Parent and student orientation session (this is considered first class) will be held on Tuesday, February 27 from 6:00 – 8:00 p.m. Classes will be held Monday, Tuesday and Wednesday, 2:15 p.m. – 4:15 p.m. Starting – Wednesday, February 28

Mark T. Sheehan High School

Parent and student orientation session (this is considered first class) will be held on Monday, March 5 from 6:00 – 8:00 p.m. Classes will be held Monday, Tuesday and Thursday, 2:15 p.m. to 4:15 p.m. Starting – Tuesday, March 6

Diane Stanley, Instructor

For more information about Crossroads Driving School visit www.crdrivingschool.com

TRAVEL

Explore the following Trips with Friendship Tours / The Ship Shop

Resorts Casino-Hotel / Atlantic City

Stay at Resorts Casino Hotel, with a prime location at the northern end of the famed Atlantic City Boardwalk overlooking the Atlantic Ocean. Enjoy Resorts newer addition – Jimmy Buffett's Margaritaville. This tropical-themed casino section now offers 5 O'Clock Somewhere Bar, LandShark Bar & Grill and Coffee Shop. Fabulous Casino Bonus: \$30 Slot,

\$10 Food Credit, Show, 2-\$20 meal credits (the \$20 food credits are worth \$30 if used at Breadsticks, Capriccio's, and East Wind).

Trip Protection Coverage is strongly recommended. Partial Payment Cancellation Policy. No Refunds after Feb 27.

Departure is from the Senior Center.

Monday – Wednesday, March 12 – 14.

Cost: \$234 pp double / triple, \$304 pp single / Payment Due: January 29, 2018

The Fabulous Finger Lakes / Canandaigua, NY

Erie Canal Cruise / New York Wine & Culinary Center Demo / Corning Museum of Glass

Day 1: Two nights at the Canandaigua Inn on the Lake, the finest waterfront resort in the heart of the Finger Lakes with a prized lakefront location. Welcome dinner tonight at historic Belhurst Castle, with its spectacular view of Seneca Lake.

Day 2: Visit the world-renowned Corning Museum of Glass that highlights the history of glass plus the exciting Hot Glass Show. Tour Pleasant Valley Winery, its picturesque stone buildings are listed on the National Historic Register. Dinner at the New York Wine & Culinary Center. Enjoy a three course dinner in a demonstration theater setting where we'll watch our chef prepare a dessert. Day 3: Head home and enjoy the scenic beauty of the Mohawk Valley. Buffet Lunch at Waterfront Grille before boarding the Cruise on the Historic Erie Canal.

Trip Protection Coverage is strongly recommended. Partial Payment Cancellation Policy. No Refunds after June 12.

Departure is from the Senior Center.

Monday – Wednesday, June 25 – 27.

Cost: \$552 pp double / triple, \$712 pp single / Payment Due: May 7, 2018

Georgia O'Keeffe: Visions of Hawaii / The New York Botanical Garden

Discover a lush flower show evoking the gardens and landscapes that inspired O'Keeffe as well as showcasing the remarkable flora and ecological complexity of Hawaii. In the Mertz Library Art Gallery, see the stunning display of more than 15 of O'Keeffe's paintings of Hawaii, not seen together in New York since 1940. Other highlights: Perennial & Rock gardens in bloom. Take a peek at the Home Gardening Center. Shop in the first class NYBG Museum Shop and stop by the Garden Café or the new Pine Tree Café for a snack. We'll head over to Arthur Avenue in the Bronx before going home. This is a perfect place to eat lunch and shop for

fresh pasta, delicious cheese or a delightful cappuccino.

Meet the Deluxe Motor Coach in the parking lot behind the historic Wallingford train station for a 7:30 a.m. departure.

Departure 7:30 a.m. / Return 6:30 p.m.

Wednesday, May 23, 2018 / Price \$87

Explore the following Trip through Collette and Gallagher Travel

California Coast



September 30- October 7, 2018

8 Days • 10 Meals: 6 Breakfasts, 4 Dinners

HIGHLIGHTS... San Francisco • Choice of Cruise on San Francisco Bay or City Tour of San Francisco • Carmel-by-the-Sea • Monterey • 17-Mile Drive • Hearst Castle • Santa Barbara • Santa Ynez Wine Country • Hollywood • San Diego. Per person rates: Double \$3,499. Single \$4,449. Triple \$3,449.

Join us for an informational session, Tuesday February 20, 6:30 p.m. to learn about California Coast Collette Experiences, Must-See Inclusions, Culinary Inclusions and more.

For more information and Reservations contact: Judi Gallagher 203-265-2856 or email: judigallagher@yahoo.com

ICELAND'S MAGICAL NORTHERN LIGHTS! COMING MARCH 2019! ASK FOR BROCHURE!

ENRICHMENT AND GENERAL INTEREST CLASSES

WAYS TO REGISTER

1. In person



Register weekdays from 8:30 am to 3:00 pm at the Adult Education office located at Sheehan High School (203) 294-5932

or the Learning Center located at the historic Wallingford Railroad Station (203) 294-3900.

2. By mail



Please use a separate registration for each student, even if you are registering together with your spouse or friends.

• You may register for up to four courses per registration form. If you are signing up for more than four courses, attach a second form.

- Photocopying the registration form is okay.
- Payment can be made by check or money order. A separate check or money order for each class is required. Make check payable to Wallingford Adult Education.

PLEASE NOTE

Course Confirmation

A course confirmation sheet will be mailed to you. This sheet lists the room numbers of your classes and any materials you should bring with you to class.

Cut-off Dates for Course Registrations are...

One week prior to the date the class begins. OR two weeks prior to the start date if the course requires you to purchase a textbook.

Consumable Supply Fees

Please DO NOT include the consumable supply fee with your registration payment. Fees are collected on the first night of class, and must be paid in cash.

Who Can Register?

Anyone age 17 or over. All registrations are processed in the order in which they are received. Exceptions to the age requirement are found in some courses. Registrations from Wallingford residents are processed before registration for non-residents opens.

Registering for Courses with Different Start Dates

If you want to register for more than one course, you may send all registrations and payments in together. However, we must receive the registrations one week prior to the date of the first class.

LITERACY VOLUNTEERS

If you can read, you can help!

Literacy Volunteers needs volunteer tutors in all the communities it serves to help adults learn to read and speak English. Just two hours of your time a week can make a big difference in someone's life!

Free training for new volunteer tutors is held three times a year. Go to www.lvagnh.org to fill out/send in a tutor application or call 203-776-5899 for more information.

AMERICAN JOB CENTER OF CONNECTICUT

Need help getting a job, developing a resume, or exploring career options? Connecticut American Job Center provides free training programs and paid internships for 16-24 year-olds with a high school diploma or high school equivalency certificate. Visit your one stop center in Meriden, 87 West Main Street (203-238-3688) OR Hamden, 37 Marne Street (203-859-3200)

GENERAL INFORMATION

Refund Policy

Course fees will not be prorated and no refunds are given unless a course is canceled. A course may be canceled for insufficient enrollment, postponed or a change in instructors. If insufficient enrollment causes a class to be canceled, full tuition is refunded or a credit is given for future use. Materials and supplies purchased by you are excluded from refunds and credits. A \$10.00 processing fee will be deducted from all refunds. A request for refund must be made one week before the course begins. Please allow four to five weeks for the refund process.

Low Enrollment/Course Cancellations

A course with insufficient enrollment will be canceled one week before the starting date. Registered students will be notified by telephone if a course must be canceled. When enrollment is low and to avoid cancellations, the number of class sessions and/or course pricing may be adjusted.

Bad Weather/Class Cancellations

If Wallingford Public Schools close due to weather or school schedules, Adult Education classes are also closed. Cancellation announcements for evening classes will be made at approximately 4:00 p.m. on the following radio and television stations:

- WTNH-TV - Channel 8
- WTIC-TV - Channel 61
- WFSB-TV - Channel 3
- WVIT-TV - Channel 30
- WPLR 99.1 FM
- WDRC 1360 / AM 103 FM
- WTIC 1080 AM / 96.5 FM
- WRCH 100.5 FM
- Wallingford Public Schools TV: Ch. 19
- Or call 203-294-5932

Make-Up Dates

Canceled classes will be made up at the end of the scheduled run of the class. Check with your instructor about make-up dates.

Smoking/Refreshments

A non-smoking policy is in effect at all class sites indoors and out. Refreshments are permitted in designated areas, not in classrooms, hallways or lavatories.

Parking

At Sheehan High School, please use the rear parking lot. Illegally parked cars in designated emergency or handicapped zones may be ticketed by the Wallingford Police Department. All of our programs are handicapped accessible. Check with either of our offices for more specific information.

Locations

- Adult Education Learning Center, (Railroad Station), 37 Hall Avenue.
- Mark T. Sheehan High School, 142 Hope Hill Road.

SEARCHING FOR TALENT:

We are always seeking new ideas for new General Interest Courses. Need world language instructors and expertise in drawing, painting and crafts. Teaching certification is not necessary, just your skill and interest in a hobby or topic and a willingness to share your knowledge. Please contact:

Wallingford Adult Education
Barbara Kish
(203) 294-3900
bkish@wallingfordschools.org

LEARN2EARN
CONNECTICUT ADULT EDUCATION: The Pathway to Lifelong Learning
Like Us: www.Facebook.com/learn2earnCT

REGISTRATION

Date ____/____/____

NAME

First _____ Last _____

ADDRESS

Street _____

City _____ State _____ Zip _____

E-MAIL ADDRESS

_____ Your email address allows WAE to send announcements.

PHONE

Home _____ Work _____ Cell _____

INDICATE YOUR METHOD OF PAYMENT

Exact Cash Check (# _____)

MAIL TO: Wallingford Adult Education

142 Hope Hill Road
Wallingford, CT 06492

PHONE: 203-294-5932

email: sgovin@wallingfordschools.org

CLASS DATE	COURSE TITLE	DAY	LOCATION	FEE

TOTAL DUE: _____

REMEMBER:
a separate check
for each class.

**FOR COOKING CLASSES SEND A SEPARATE CHECK TO COVER THE CONSUMABLE SUPPLY FEE.
FOR ALL OTHER CONSUMABLE FEES, PAY THE INSTRUCTOR ON THE FIRST NIGHT OF CLASS.**

